

Recipe List Report

Organization: Pickens School District

Included Recipes: All Recipes

Include Ingredients: No

Category: Lunch Entree

Status: Active, Inactive

Name	Number	Category	Serving Size	Cal. (kcal)	Sat. Fat (gm)	Sod. (mg)	Added Sugars (gm)	Cholesterol (mg)	Dietary Fiber (gm)	Total Sugars (gm)	Protein (gm)	Total Carbohydrate (gm)	Total Fat (gm)	Trans Fat (gm)
Arroz con Pollo M-73 SDPC	1651438	Lunch Entree	6 oz	456.389	7.697	703.247	0.000*	61.581	3.415	1.277*	20.059	46.845	18.779	0.454
Awesome Pasta Salad M-111 SDPC	1427885	Lunch Entree	6 ounces	281.822	3.094	676.084	0.467*	39.672	1.936	3.452	16.359	35.777	8.709	0.129
Bacon Cheeseburger M-23	2207175	Lunch Entree	1 each	534.910	11.744	1,112.913	4.182	98.739	3.050	6.182	32.782	37.312	28.148	0.000
Bacon & Turkey/Chicken Flatbread (Rotisserie Chicken) M-122A SDPC	1427871	Lunch Entree	1 Sandwich	562.278	10.014	1,802.870	3.215*	109.234	4.598	6.828	40.519	35.186	31.760	0.000
Bacon & Turkey/Chicken Flatbread (Turkey Medallions) M-122B SDPC	1427869	Lunch Entree	1 Sandwich	613.959	10.014	1,702.395	3.215	135.075	4.598	6.828	50.855	37.186	31.316	0.000
Baja Fish Tacos M-80 SDPC	1427866	Lunch Entree	1 each	469.700	5.029	681.225	2.120	59.048	7.430	7.776	22.520	55.131	18.679	0.000
Baked Creamy Chicken Penne Pasta M-123	1428188	Lunch Entree	6 ounces	478.102	6.800	700.233	0.000*	85.600	5.226	7.660	34.826	50.888	16.222	0.000
Baked Penne M-93 SDPC	1418837	Lunch Entree	6 oz spoodle	295.754	4.917	889.121	0.000*	21.014	4.743	7.225	20.552	33.056	9.119	0.000*
Baked Spaghetti M-13 SDPC	2063026	Lunch Entree	6 oz	422.105	9.442	854.240	1.442*	73.600	3.629	9.323	25.325	28.237	24.355	0.800
BBQ Mac-n-Cheese Bowl M-158	1677255	Lunch Entree	1 each	373.116	8.744	674.111	0.000	79.689	1.012	4.511	22.937	24.580	19.996	0.000
BBQ Meatballs M-150 SDPC	2112854	Lunch Entree	5 each	232.884	3.802	719.571	1.000*	38.000	1.044*	13.828	13.249	23.632	10.006	0.600
BBQ on Bun M-2 SDPC	1427849	Lunch Entree	1 sandwich	376.000	4.700	604.000	4.000	63.900	3.000	8.000	22.000	37.400	14.500	0.000
BBQ Queso Nachos M-71 SDPC	1427857	Lunch Entree	1 serving	514.493	9.925	555.619	1.000*	63.000	4.050	1.000	22.050	38.449	30.175	0.000
Beans & Franks M-83 SDPC	1427846	Lunch Entree	2/3 cup	313.633	2.515	1,072.715	20.870	45.000	6.111	23.064*	15.247	46.612	8.135	0.000*

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Beef and Cheese Taquito M-169 SDPC	2119202	Lunch Entree	2 each	294.000	6.000	575.000	0.000	71.000	3.000	0.500	12.500	21.000	18.500	0.000
Beef Meatballs with Mango Salsa M-149A SDPC	1977113	Lunch Entree	5 each	164.917	3.801	269.274	1.177*	38.000	1.008	1.200	12.018	7.227	10.002	0.600*
🍷 Mango Salsa E-34 SDPC	1631210	Condiments	3 tbsp., 1/8 tsp.	0.917	0.001	5.274	0.177*	0.000	0.008	0.200	0.018	0.227	0.002	0.000*
Beef Nachos M-21 SDPC	1418825	Lunch Entree	1 Each	314.271	7.605	576.575	0.797*	54.000	1.620	0.797	14.620	17.484	19.645	0.500
Beef Stew M-126 SDPC	1427787	Lunch Entree	6 ounces	206.212	4.085	591.243	0.000*	35.437	1.817	3.279*	13.986	16.667	9.810	0.000
Beef Stir-Fry M-92 B (Philly) SDPC	2020899	Lunch Entree	6 oz	241.390	4.983	786.811	2.148*	58.814	2.207	4.537	16.499	12.323	13.680	0.763
Beef Stir Fry M-92 SDPC	1427839	Lunch Entree	4 each	242.912	3.654	843.812	0.000*	25.000	4.189	18.728*	12.626	26.118	9.075	0.500
Beef Stroganoff (using Philly) M-44 SDPC	1986121	Lunch Entree	6 oz	375.276*	5.419*	630.410*	1.958*	80.215*	1.829*	4.995*	19.848*	35.081*	16.702*	0.696*
Beef Teriyaki & Broccoli M-90 SDPC	1427832	Lunch Entree	4 each	160.177	3.500	572.281	0.605*	25.000	2.564	5.126	12.715	9.212	8.000	0.500
Bird Dog M-105 SDPC	1943337	Lunch Entree	1 each	458.623	10.443	887.439	2.087	93.197	3.350	3.087	28.975	36.079	21.305	0.000
B.L.A.T. with Sriracha Sauce (Wrap) SDPC COMP-25	1813711	Lunch Entree	1 each	414.866	5.292	1,016.645	2.911*	43.989	4.405	6.125	13.896	36.328	24.821	0.000
Broccoli and Cheese Soup M-67 SDPC	1428357	Lunch Entree	6 ounces	206.997	6.400	407.993	0.000	35.999	2.000	8.000	13.000	14.000	11.000	0.000
Broccoli Cheese Casserole M-82	1428349	Lunch Entree	8 ounces	478.601	13.378	769.392	0.275*	61.949	3.928	2.992	20.158	47.749	22.643	0.000
Broccoli & Cheese Soup (Homemade) M-67	2112906	Lunch Entree	4 oz	163.625	6.279	490.398	0.000*	29.427	0.595	3.853*	8.455	6.010	11.777	0.000
Brunch for Lunch Chicken Patty M-65 SDPC	2112708	Lunch Entree	1 each	90.000	1.000	195.000	0.000	10.000	1.000	0.000	6.000	6.000	4.500	0.000
Brunch for Lunch Steak Patty M-65 SDPC	2119268	Lunch Entree	1 each	160.000	4.000	370.000	N/A*	15.000	1.000	0.000	8.000	8.000	11.000	0.000
Brunswick Stew M-69 SDPC	1428348	Lunch Entree	6 ounces	269.773	2.323	824.982	0.000*	46.080	4.357*	8.472*	17.235	33.324	7.943	0.000*
Buffalo Chicken Dip M-144 SDPC	2087056	Lunch Entree	4 oz	321.091*	2.408*	1,001.851*	1.000*	36.663*	5.472*	5.697*	19.875*	33.748*	13.212*	0.000*
Buffalo Chicken Flatbread M-136 SDPC	1428346	Lunch Entree	1 each	484.121	7.881	1,147.043	1.506*	95.666	3.958	3.640	28.599	31.789	27.293	0.000

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Buffalo Chicken Mac-n-Cheese Bowl M-167	2074288	Lunch Entree	1 each	496.328	8.422	953.412	0.000*	98.570	4.088	2.122	29.174	42.491	23.600	0.000
Buffalo Chicken Melt M-142 SDPC	1428318	Lunch Entree	1 sandwich	360.926	6.587	458.775	0.000*	45.513	3.896	0.953	17.338	30.505	17.314	0.000
Buffalo Chicken Tots M-130 SDPC	1944218	Lunch Entree	1 each	277.339	4.506	1,012.754	0.000*	43.742	2.012	0.191	17.466	19.216	15.830	0.000
Buffalo Chicken Wrap M-166 SDPC	2047285	Lunch Entree	1 each	404.635	6.946	969.073	2.000*	90.185	4.280	2.179	26.564	33.359	19.437	0.000
Champion Chicken Taco Tower E-COMP 26 SDPC	2093530	Lunch Entree	1 each	415.022	8.858	960.712	1.160*	83.359	2.019	5.991	24.882	14.662	28.009	0.000
Charcuterie Tray M-140 SDPC	1428345	Lunch Entree	1 clamshell	679.891	24.725	1,134.628	2.000	150.000	4.029	12.090	41.685	28.781	45.808	0.000
Charcuterie Tray, South Carolina Pickens Co.	1208595	Lunch Entree	1 clamshell	493.622	10.174	991.800	0.938*	70.793	4.529	17.800	22.670	45.342	26.501	0.166
Cheeseburger M-4 SDPC	1428167	Lunch Entree	1 each	515.158	11.380	1,035.670	4.000*	92.360	3.040	6.276	30.960	37.657	26.690	0.000*
Cheese Croissant, WG, IW, 72/4.2 oz, 18.9#, Tasty Brand 70079 (SDPC)	1406091	Lunch Entree	1 serving	330.000	9.000	620.000	2.000	35.000	3.000	4.000	18.000	30.000	16.000	0.000
Cheese Pizza Wedge (Nardone) M-171 SDPC	1409195	Lunch Entree	1 serving	310.000	7.000	470.000	1.000	40.000	3.000	5.000	18.000	29.000	14.000	0.000
Cheese Quesadilla M-88 SDPC	1973989	Lunch Entree	1 each	362.873	10.615	552.288	2.000*	45.563	3.045	2.010	17.182	32.112	18.691	0.000
Cheesesteak Spudquake M-156 SDPC	1897697	Lunch Entree	1 each	518.437	7.110	726.371	1.146*	53.767	8.840	8.337	22.354	74.786	14.805	0.407
Cheesy Chicken Enchilada Soup M-137 SDPC	1428161	Lunch Entree	6 ounces	123.669	2.394	697.676	0.000*	18.396	0.530	2.632	7.066	7.874	7.560	0.000
Cheesy Chicken Tortilla Soup M-120 SDPC	1418861	Lunch Entree	6 oz	403.802	4.983	425.583	0.000*	26.414	5.499	1.455	14.037	44.359	19.094	0.000*
Chef Salad (Breaded Chicken) M-18 SDPC	2048338	Lunch Entree	1 each	395.195	7.529	830.274	1.000	90.000	4.896	5.105	29.132	29.912	18.479	0.000
Chef Salad (Diced Ham) M-18 SDPC	2048335	Lunch Entree	1 each	256.157	7.548	604.890	1.000	60.577	3.896	5.105	16.267	16.912	14.537	0.000
Chef Salad (Fajita Chicken) M-18 SDPC	2048225	Lunch Entree	1 each	328.043	8.418	672.119	1.000	105.599	3.896	5.105	24.252	18.802	18.094	0.000
Chef Salad (Verde Chicken) M-18 SDPC	2048332	Lunch Entree	1 each	265.944	6.866	623.520	1.000*	63.749	3.896	6.455	21.282	18.262	12.492	0.000
Chicken Alfredo Bacon Flatbread M-143 SDPC	2080559	Lunch Entree	1 each	381.705	7.065	968.667	1.182	59.066	3.000	3.886	23.935	33.227	17.465	0.000

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Chicken Alfredo M-63 SDPC	1418858	Lunch Entree	6 oz	265.139	3.898	789.125	0.000*	47.251	2.350	5.187	21.455	26.887	9.502	0.000
Chicken and Cheese Quesadilla M-89 SDPC	2063345	Lunch Entree	1 each	498.055	12.968	856.636	2.000*	120.974	3.378	3.343	32.214	33.643	26.243	0.000
Chicken and Rice Casserole M-54 SDPC	1418863	Lunch Entree	6 ounce	408.872*	9.778*	744.983*	0.000*	43.764*	2.990*	3.620*	19.435*	36.138	21.383*	0.000*
Chicken and Waffles M-100B (Dutch Waffle)	1428373	Lunch Entree	1 each	560.000	4.500*	870.000	11.000	80.000*	5.000*	12.000	26.000	56.000	26.000	0.000*
Chicken and Waffles M-100C (Bulk Eggo Waffle)	1428371	Lunch Entree	1 each	410.000	2.500*	770.000	5.000	65.000*	2.500*	5.000	26.000	49.000	11.500	0.000*
Chicken Cacciatore M-77 SDPC	1418857	Lunch Entree	1 piece	330.666	3.595	822.090	0.528*	133.087	2.345	5.175	31.974	16.901	14.877	0.000
Chicken Caesar Sandwich (Wrap) M-121 SDPC	2068070	Lunch Entree	1 each	325.638	3.175	651.007	2.800	46.650	5.736	4.313	20.327	34.458	11.288	0.000
Chicken Caesar Sub (Hoagie) M-121 SDPC	1418846	Lunch Entree	1 each	375.638	2.175	891.007	2.800	46.650	6.738	5.313	25.327	45.458	9.288	0.000
Chicken Chili with White Beans M-56 SDPC	2056793	Lunch Entree	4 oz	142.552	1.495	292.854	0.000*	43.201	2.931	2.354	10.771	13.565	4.715	0.000
Chicken Chorizo Pasta M-148 SDPC	1563097	Lunch Entree	6 ounces	271.936	3.749	572.751	0.000*	49.694	2.337	4.003	18.090	32.068	7.965	0.000
Chicken Chunk, Grilled, Whole Muscle, 119/2.68oz, 20#, 2M, Rich Chicks, 56405	2135188	Lunch Entree	1 serving	140.000	0.500	320.000	0.000	50.000	2.000	0.000	16.000	2.000	2.200	0.000
Chicken Ciabatta Sandwich M-165 SDPC	1988892	Lunch Entree	1 each	451.870	4.864	807.993	2.182	81.379	4.000	3.182	32.822	47.182	16.458	0.000
Chicken Corn Chowder M-108 SDPC	1418844	Lunch Entree	4 oz	79.280	0.717	136.097	0.000*	0.275	2.057	1.934	1.982	13.950	1.693	0.000*
Chicken Fajitas M-25 SDPC	2055397	Lunch Entree	1 each	292.848	3.390	461.845	2.000	75.599	3.000	2.000	19.120	30.890	11.115	0.000
Chicken Gumbo M-68	1418855	Lunch Entree	6 oz spoodle	200.840	5.308	536.012	0.000*	70.352	1.934	2.839	16.165	10.287	11.001	0.297*
Chicken Nachos with Queso M-62 SDPC	1418854	Lunch Entree	1 serving	328.681	5.901	998.141	0.638*	49.870	4.829	4.231	18.340	28.135	14.947	0.000
Chicken Noodle Casserole M-134 SDPC	1418843	Lunch Entree	6 ounce	272.821	2.753	787.249	0.000*	32.774	4.004	3.025	17.656	30.628	10.069	0.000*
Chicken Noodle Soup M-24 SDPC	2054115	Lunch Entree	6 oz	174.171	0.019	443.751	0.000*	34.019	2.990	2.629	13.656	24.373	2.216	0.000
Chicken Parmesan Sandwich M-75 SDPC	1409190	Lunch Entree	1 each	468.428	3.320	1,044.296	2.000	67.800	5.465	4.683	33.105	55.380	12.969	0.000

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Chicken Patty, Breaded, Slider, 214/1.5oz, 20#, 1M, 0.5WG, Rich Chicks, 54411	2138032	Lunch Entree	1 serving	90.000	1.000	195.000	0.000	10.000	1.000	0.000	6.000	6.000	4.500	0.000
Chicken Philly M-176 SDPC	2211423	Lunch Entree	1 each	333.956	2.941	793.759	2.000*	37.157	4.582	3.316*	22.370	42.841	8.236	0.000
Chicken Pot Pie M-58 SDPC	1985654	Lunch Entree	6 oz	300.208	7.311	544.660	0.311*	63.716	1.443	1.901	20.258	18.112	15.467	0.000
Chicken Ranch Wrap M-11 SDPC	1917571	Lunch Entree	1 each	317.202	3.116	390.311	2.112*	56.101	3.796	2.883	21.566	31.939	10.825	0.000
Chicken Salad M-26 SDPC	2055428	Lunch Entree	3 oz	119.399	0.803	670.007	0.000*	38.000	0.330	1.863	12.064	2.455	7.609	0.000
Chicken Sandwich-Buffalo M-91 SDPC	1418859	Lunch Entree	1 sandwich	319.672	1.556	715.603	4.000*	65.000	3.635	6.056	26.449	38.593	6.823	0.000
Chicken Sandwich M-10 SDPC	2055213	Lunch Entree	1 sandwich	370.000	2.000	750.000	4.000	35.000	4.000	5.000	21.000	47.000	10.500	0.000
Chicken Stir Fry M-38 SDPC	1986764	Lunch Entree	8 oz	172.499	0.024	258.306	0.000*	68.039	2.673	3.442	21.374	12.018	3.398	0.000
Chicken Tacos M-116 SDPC	1418818	Lunch Entree	1 each	282.512	1.535	1,141.913	3.119*	38.368	4.974	5.843	20.395	37.777	7.310	0.000
 Pico de Gallo	1418817	Red/Orange Vegetables	2 oz.	24.553	0.035	87.049	0.000	0.000	1.971	2.719	1.045	6.532	0.252	0.000
Chicken Tenders M-174 SDPC	2129633	Lunch Entree	3 each	220.775	1.505	461.621	0.000	65.229	2.007	0.000	22.078	14.049	7.025	0.000
Chicken Tetrazzini M-53 SDPC	2056649	Lunch Entree	6 oz	219.987	4.820	612.099	0.000*	38.578	1.187	1.134	15.191	15.461	11.278	0.000
Chicken Tortilla Soup M-110 SDPC	1418860	Lunch Entree	1 cup	314.972	4.268	439.563	0.120*	32.804	6.342	4.186	12.434	35.317	13.602	0.000
Chicken Wings M-115 SDPC	2065885	Lunch Entree	6 each	238.932	3.982	807.817	N/A*	142.221	0.000	0.000	23.893	2.276	14.791	0.000
Chicken Wrap (Breaded Patty) M-30 SDPC	2056046	Lunch Entree	1 each	425.813	3.965	721.522	2.480	37.400	4.647	4.137	19.405	42.729	19.258	0.000
Chicken Wrap (Grilled Patty) M-30 SDPC	2056050	Lunch Entree	1 each	404.530	4.464	791.318	2.480*	87.400	3.439*	3.747*	30.318*	33.374	16.247	0.000
Chili Beans M-33 SDPC	1988261	Lunch Entree	4 oz	138.367	3.012	245.484	0.000*	26.668	2.608	1.533	8.419	8.277	7.731	0.333
Chili Cheese Fries M-125 SDPC	1418842	Lunch Entree	1 each	331.435	5.117	769.599	4.794*	40.001	1.242	6.062	11.254	34.577	18.320	0.500
 Chili (Hot Dog) M-14 SDPC	1988135	Lunch Entree	2 oz.	167.789	4.511	430.297	4.794*	40.001	0.230	4.848	9.636	6.694	11.553	0.500

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Chili (Hot Dog) M-14 SDPC	1988135	Lunch Entree	2 oz	167.789	4.511	430.297	4.794*	40.001	0.230	4.848	9.636	6.694	11.553	0.500
Chorizo and Cheese Quesadilla M-89 SDPC	2137488	Lunch Entree	1 each	378.239	11.119	556.916	2.000*	46.616	3.378	3.343	17.452	31.808	19.766	0.000
Chorizo and Veggie Frittata M-146 SDPC	1558868	Lunch Entree	1 cup	122.788*	2.797*	272.208*	0.000*	129.193*	0.173*	1.481*	11.267*	5.325	6.778*	0.025*
Chorizo Tater Tot Casserole M-147 SDPC	2088263	Lunch Entree	1 each	270.637	4.499	864.735	0.000*	190.305	0.690	0.172	21.124	11.912	14.570	0.000
Club Wrap (Spinach Wrap) M-177 SDPC	2211568	Lunch Entree	1 each	434.185	8.342	1,034.253	0.000*	43.750	2.569	1.712	21.465	49.300	17.148	0.000
Club Wrap (Tomato Basil Wrap) M-177 SDPC	2211579	Lunch Entree	1 each	454.185	6.842	1,104.253	1.000*	43.750	2.569	2.712	21.465	54.300	15.148	0.000
Club Wrap (Whole Wheat Wrap) M-177 SDPC	2211528	Lunch Entree	1 each	434.185	6.842	1,014.253	0.000*	43.750	6.569	1.712	22.465	51.300	16.148	0.000
Clux Deluxe M-61 (Nuggets) SDPC	1986011	Lunch Entree	1 Sandwich	357.336	1.004	732.072	0.000*	60.211	4.129	4.167	24.237	45.337	9.629	0.000
Clux Deluxe M-61 (Regular) SDPC	1758996	Lunch Entree	1 Sandwich	380.000	1.500	895.000	0.000	60.000	4.000	5.000	26.000	49.250	9.500	0.000
Clux Deluxe M-61 (Spicy) SDPC	1986008	Lunch Entree	1 Sandwich	380.000	1.500	710.000	0.000	55.000	5.000	6.000	25.000	54.000	8.500	0.000
Corn Dog, Chicken, Bulk, 72/4oz, 18#, 2M, 2G, Foster Farms, 96103	2137567	Lunch Entree	1 serving	270.000	4.000	700.000	8.000	45.000	1.000	9.000	10.000	27.000	14.000	0.000
Country Breakfast (Canadian ham) M-65 SDPC	2112758	Lunch Entree	1 each	165.159	3.253	630.828	0.000	200.096	0.000	1.500	16.022	1.500	10.258	0.000
Country Breakfast (Sausage Patty) M-65 SDPC	2060056	Lunch Entree	1 each	75.000	1.500	200.000	0.500	25.000	0.000	0.500	6.000	0.500	5.000	0.000
Country Fried Steak with Pepper Gravy M-162 SDPC	1948620	Lunch Entree	1 each	281.235	6.361	612.979	0.000*	40.000	2.000	0.000	16.000	23.525	13.041	0.000
Croissant Sandwich, Turkey Ham & Cheese, IW, 18.9#, 120/2.52oz, 1M, 1WG, Tasty Brands, 70073(SDPC)	1406090	Lunch Entree	1 serving	190.000	4.000	440.000	1.000	20.000	2.000	3.000	11.000	19.000	8.000	0.000
Egg Salad Sandwich M-98 SDPC	1418868	Lunch Entree	1 each	256.463	1.785	461.243	2.000*	172.800	2.079	6.992	12.042	33.340	9.008	0.000
Fajita Steak Mac-n-Cheese Bowl M-109 SDPC	1745402	Lunch Entree	1 each	307.869	6.946	758.275	1.780	54.127	1.122	3.701*	16.461	25.890	15.389	0.406
Fiesta Mac M-40 SDPC	2056175	Lunch Entree	6 oz	315.039	6.514	547.861	0.911*	52.571	3.171	3.268	16.279	28.001	15.779	0.571
Fiesta Stuffed Shells M-76 SDPC	1927987	Lunch Entree	1 serving	384.620	8.198	551.794	0.000*	53.500	3.954	6.372	21.867	37.219	15.586	0.000

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🍲 Pico de Gallo	1418817	Red/Orange Vegetables	7/8 oz.	9.821	0.014	34.820	0.000	0.000	0.789	1.088	0.418	2.613	0.101	0.000
Fish Fillet with Hushpuppies M-SDPC	1917538	Lunch Entree	1 each	300.000	2.167	423.333	3.333	45.000	1.667	4.000	15.333	28.000	14.667	0.000
Fish Fillet on Bun M-8 SDPC	1418875	Lunch Entree	1 each	394.720	2.007	621.800	4.000	45.000	4.336	5.684	20.248	51.016	12.551	0.000
Fried Rice, South Carolina - Greenville	1418870	Lunch Entree	1 1/2 cup	158.090	0.525	532.103	0.240*	20.916	1.600	1.793	4.467	30.023	1.552	0.014*
Fried Rice, South Carolina - Greenville	1418869	Lunch Entree	1 1/2 cup	158.090	0.525	532.103	0.240*	20.916	1.600	1.793	4.467	30.023	1.552	0.014*
Frito Chili Crunch Dog M-133 SDPC	1418864	Lunch Entree	1 Each	447.353	8.422	852.487	4.397*	79.580	2.615	6.424	19.734	38.833	25.150	0.250
🌭 Chili (Hot Dog) M-14 SDPC	1988135	Lunch Entree	1 oz.	83.894	2.256	215.149	2.397*	20.001	0.115	2.424	4.818	3.347	5.776	0.250
General Tso's Chicken, 42.93#, 176/3.9oz, 2M, .5WG, Asian Food Solutions, 72003 (SDPC)	1406144	Lunch Entree	1 serving	210.000	1.000	440.000	14.000	45.000	1.000	14.000	12.000	26.000	7.000	0.000
Grilled Cheese Sandwich (Elementary) M-17 SDPC	1409189	Lunch Entree	1 sandwich	280.000	5.250	690.000	2.000	22.500	2.000	5.500	16.500	33.000	11.000	0.000
Grilled Cheese Sandwich (Secondary) M-16 SDPC	1409187	Lunch Entree	1 sandwich	320.000	7.000	830.000	2.000	30.000	2.000	6.000	20.000	34.000	14.000	0.000
Grilled Ham and Cheese Sandwich M-29 SDPC	1418874	Lunch Entree	1 sandwich	282.866	3.560	747.010	2.000*	47.500	2.000	4.500	18.833	31.000	10.115	0.000
Ham and Macaroni Au Gratin M-51 SDPC	2026280	Lunch Entree	6 oz	329.175	9.277	789.981	0.080*	74.695	2.043	1.969	20.471	25.024	17.637	0.000
Hamburger on Bun M-6 SDPC	1418873	Lunch Entree	1 Each	403.040	6.380	649.920	4.000	67.360	3.040	5.000	24.960	36.130	17.690	0.000
Hamburger, USDA 110322 NEEDS	1409158	Lunch Entree	1 Each	259.995	2.995	459.994	1.000*	45.000	3.998	2.998	14.999	28.995	9.498	0.000
Ham Fried Rice M49	1418871	Lunch Entree	1 1/2 cup	158.090	0.525	532.103	0.240*	20.916	1.600	1.793	4.467	30.023	1.552	0.014*
Ham Fried Rice M-49 SDPC	2056516	Lunch Entree	6 oz	329.640	1.450	501.861	0.000*	103.879	2.339	4.251	17.928	51.913	7.058	0.000*
Hawaiian Ham Steak M-43 SDPC	1418872	Lunch Entree	3 oz.	64.898	0.508	477.223	1.641*	20.307	0.211	4.799	7.213	5.882	1.523	0.000
Hot Dog on Bun M-19 SDPC	1409186	Lunch Entree	1 each	250.000	3.000	490.000	2.000	50.000	2.000	3.000	11.000	26.000	11.000	0.000
Hot Ham and Cheese on Bun M-31 SDPC	1409191	Lunch Entree	1 each	296.667	3.250	790.000	4.000*	47.500	3.000	5.500	18.833	37.000	8.833	0.000

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Hot Ham and Cheese on Loaf Bread M-31 SDPC	2056086	Lunch Entree	1 each	266.667	2.750	730.000	2.000*	47.500	2.000	4.500	18.833	31.000	8.333	0.000
Hummus Plate M-175 SDPC	2210198	Lunch Entree	1 each	371.060	6.377	1,151.497	2.490*	30.000	10.887	12.425*	14.426	43.252	16.973	0.000*
🍲 Hummus V-50 SDPC	1409167	Beans, Peas and Lentils	½ c.	101.529	0.293	668.017	0.000*	0.000	4.030	2.417*	4.344	14.323	3.395	0.000*
Italian Chicken Pasta M-135 SDPC	2080081	Lunch Entree	6 oz	175.378	1.452	134.011	0.000	34.416	2.418	1.554*	13.278	21.883	4.225	0.000
Italian Chicken Sandwich M-129 SDPC	2075773	Lunch Entree	1 each	417.161	3.529	799.210	2.000	73.086	5.158	6.525*	31.208	47.432	10.752	0.000
Jalapeno Mango Chicken Meatballs with Mango Salsa M-149B SDPC	1994288	Lunch Entree	1 serving	122.278	1.751	414.349	0.247*	56.000	0.511	5.279	12.025	7.317	5.003	0.000*
🍲 Mango Salsa E-34 SDPC	1631210	Condiments	¼ c., ⅓ tsp.	1.278	0.001	7.349	0.247*	0.000	0.011	0.279	0.025	0.317	0.003	0.000*
Jerk Chicken M-164 SDPC	1977965	Lunch Entree	1 serving	242.799	1.207	877.325	3.000*	50.624	2.248	23.156	19.412	29.429	6.200	0.000
Jumbo Ravioli M-104 (SDPC)	1406083	Lunch Entree	1 serving	200.000	1.000	190.000	0.000	5.000	3.000	3.000	15.000	29.000	2.000	0.000
Kickin Chicken Buffalo Ranch Penne Pasta M-168 SDPC	2080876	Lunch Entree	6 oz	255.835	2.413	816.746	0.300*	39.048	2.321*	3.794*	18.397*	25.516*	9.939	0.000
Lasagna with Marinara M-64 SDPC	2059031	Lunch Entree	1 each	312.600	4.240	775.200	0.000	14.600	4.000	9.640	21.480	36.640	8.840	0.000
Loaded Baked Potato Boat M-127 SDPC	2072804	Lunch Entree	1 each	538.324	17.106	788.548	0.547	98.785	2.769	2.812	23.120	42.006	29.994	0.000
Macaroni and Cheese, M138 NEEDS	1409184	Lunch Entree	4 ounces	290.166	6.003	980.560	0.000	30.017	2.001	6.003	17.010	31.018	11.006	0.000
Macaroni Crunch Wrap M-131 SDPC	1409181	Lunch Entree	1 each	602.189	13.409	838.015	2.000	82.592	5.444	3.851	27.522	59.656	29.703	0.000
Margherita Sandwich S-COMP 26 SDPC	2093509	Lunch Entree	1 each	349.659	3.916	823.433	2.000*	54.580	5.350	6.770	23.336	42.071	10.200	0.000
Meatball Sub M-101 SDPC	1418841	Lunch Entree	1 sub	457.500	7.039	933.608	2.800	45.392	5.526	6.252	26.323	49.140	17.042	0.480
Meatloaf, M59 NEEDS	1409165	Lunch Entree	1 serving	203.247	3.688	236.056	6.000*	56.274	0.494	7.120	12.797	15.075	10.104	0.521*
Meatloaf M-59 SDPC	2058837	Lunch Entree	4 oz	565.739	13.879	876.557	11.700*	161.908	0.345	12.130	31.716	28.415	36.636	1.500

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Mexican Casserole M-74 SDPC	2060727	Lunch Entree	4 oz	291.220	5.280	474.568	0.000*	74.075	3.752	2.141	19.581	23.577	13.087	0.000
Mexican Casserole NEEDS	1409163	Lunch Entree	1 cup	276.167	5.429	439.294	0.000*	49.080	2.263	2.652	15.634	23.621	13.001	0.488*
Million Dollar Hashbrown Chicken Casserole M-128	1409180	Lunch Entree	4 oz	322.468	3.714	1,339.806	0.667*	38.556	3.372	2.645	16.649	44.086	8.651	0.000
Mozarella Cheese Sticks w/ Dip M-114 SDPC	1406115	Lunch Entree	5 sticks	440.000	8.000	550.000	3.000	30.000	5.000	7.000	20.000	39.000	23.000	0.000
M- SDPC Nachos with Cheese Sauce	2137303	Lunch Entree	1 serving	381.000	6.400	454.000	0.000	28.000	4.000	0.000	11.000	39.000	19.000	0.000
Oven Baked Chicken (BBQ) M-46 SDPC	2056507	Lunch Entree	1 each	250.651	2.848	652.262	0.000*	106.811	0.000*	3.418	24.780	10.824	11.393	0.000
Oven Baked Chicken M-46 SDPC	1427679	Lunch Entree	1 each	227.864	2.848	441.487	0.000	106.811	0.000	0.000	24.211	5.697	11.393	0.000
Palmetto Burger M-124 SDPC	1409178	Lunch Entree	1 Each	380.000	6.500	720.000	4.000*	40.000	4.000	10.000	17.000	44.000	14.500	1.000
Pasta Primavera M-86 SDPC	1418836	Lunch Entree	6 oz. spoodle	251.092	1.051	420.188	0.000*	56.880	3.733	2.464	21.712	29.421	4.907	0.060*
Pasta (Ravioli) Primavera M-139 SDPC	1418822	Lunch Entree	1 serving	309.177	4.083	541.795	0.000*	19.067	3.552	6.822	21.002	38.406	7.863	0.010
Pasta Rolls, Double stuffed, WG, 36.69#, 130/4.30oz, 2M, 1.25WG, Tasty Brands, 00825WG (SDPC)	1400052	Lunch Entree	1 serving	210.000	2.000	250.000	0.000	29.000	2.000	5.000	15.000	29.000	3.500	0.000
Pasta with Meat Sauce (Elbow) M-22 SDPC	2054110	Lunch Entree	6 oz	302.358	3.600	508.498	0.721*	32.000	4.682	5.947	14.712	40.422	10.731	0.400
Pasta with Meat Sauce (Penne) M-22 SDPC	2054103	Lunch Entree	6 oz	302.358	3.600	508.498	0.721*	32.000	4.682	5.947	14.712	40.422	10.731	0.400
Pasta with Meat Sauce (Rofini) M-22 SDPC	2054101	Lunch Entree	6 oz	299.658	3.600	508.498	0.721*	32.000	4.626	5.919	14.613	39.839	10.717	0.400
Pasta with Meat Sauce (Spaghetti) M-22 SDPC	1418828	Lunch Entree	6 oz	308.125	3.794	511.220	0.721*	32.000	5.615	5.570	15.334	40.492	11.250	0.400
Peanut Butter & Jelly Sandwich M-12	1428177	Lunch Entree	1 sandwich	409.164	3.544	416.000	2.000*	0.000	3.857	22.534	13.087	54.459	16.175	0.000
Pepperoni Pizza Wedge (Nardone) M-172 SDPC	2119328	Lunch Entree	1 serving	310.000	7.000	470.000	1.000	40.000	3.000	5.000	18.000	29.000	14.000	0.000
Peppi Rotini M-72 SDPC	1418835	Lunch Entree	6 oz	404.667	9.297	808.902	1.059*	58.433	4.015	8.876	24.740	31.797	20.531	0.400
Personal Cheese Pizza (7" Nardones) M-15 SDPC	2048002	Lunch Entree	1 each	420.000	8.000	560.000	2.000	40.000	5.000	7.000	22.000	49.000	16.000	0.000

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Philly Cheese Fries M-157 SDPC	1569931	Lunch Entree	6 ounces	428.395	8.443	790.978	1.142	53.671	2.785	2.134*	16.268	35.838	24.318	0.406
Philly Mashed Potato Bowl M-155 SDPC	1715161	Lunch Entree	1 each	263.002	4.550	412.627	1.970	53.940	1.263	2.102	15.717	20.204	13.246	0.700
Philly Steak Sub (Beef Blasters) M-81 SDPC	1418832	Lunch Entree	1 Sandwich	201.017	0.569	349.855	2.000*	2.895	3.328	3.661	7.523	37.700	1.986	0.007
Philly Steak Sub (Philly Meat) M-81 SDPC	1418833	Lunch Entree	1 Sandwich	448.238	7.188	769.221	3.507	57.260	4.376	5.208	26.856	46.119	17.074	0.536
Piggy Fries M-152 SDPC	1700194	Lunch Entree	1 each	358.984	6.695	820.614	0.000	65.120	2.268	3.307	18.182	28.722	18.636	0.000
Pig in a Blanket M-113 SDPC	1570046	Lunch Entree	1 each	260.000	4.500	710.000	1.000	55.000	1.000	3.000	12.000	23.000	14.000	0.000
Pimento Cheese M-145 SDPC	1414895	Lunch Entree	4 oz	300.089	8.664	768.356	0.000*	46.001	0.564	5.754	14.304	6.474	23.541	0.000
PizzaBoil, WG, IW, 30#, 96/5oz, 2M, 2WG, Tasty Brands, 53206 (SDPC)	1400044	Lunch Entree	1 serving	310.000	6.000	690.000	2.000	30.000	2.000	5.000	16.000	35.000	13.000	0.000
Pizza Lunchables M-112	1409176	Lunch Entree	1 kit	267.569	2.015	713.062	2.904	23.763	3.969	5.842	12.859	33.822	8.409	0.000
Pizza, Sausage Pepperoni Bacon, 64/5.23oz, IQF, Nardone Bros, 64WPSME2	1409194	Lunch Entree	1 serving	350.000	8.000	710.000	1.000	45.000	3.000	5.000	18.000	30.000	18.000	0.000
Pizza Sub M-118 SDPC	2065955	Lunch Entree	1 each	380.925	5.238	947.758	2.818	37.238	4.443	6.045	22.188	43.709	12.005	0.000
Pollock Sticks, Golden Crunchy, WG, 2/5#, High Liner, #1089876 (SDPC)	1406125	Lunch Entree	1 serving	190.000	1.000	260.000	0.000	45.000	2.000	1.000	15.000	18.000	7.000	0.000
Poppin Potato Bowl M-107 SDPC	1418838	Lunch Entree	1 bowl	442.279	8.068	990.695	0.000	100.141	3.661	1.500	26.350	34.307	22.987	0.000
Potato Breaded Fish Fillet, High Liner 06533C (SDPC)	1406120	Lunch Entree	1 Fillet	200.000	1.500	290.000	0.000	45.000	1.000	0.000	14.000	14.000	10.000	0.000
Ramen-Ginger Beef Elementary M-151A	1682489	Lunch Entree	1 each	443.403	4.096	723.328	5.951*	35.437	6.312	12.234	19.796	52.259	19.400	0.000
Ramen-Ginger Beef (Secondary) M-151A SDPC	1702228	Lunch Entree	1 each	444.729	4.099	730.903	5.951*	35.437	6.463	12.361	19.861	52.541	19.417	0.000
Ramen-Teriyaki Chicken (Elementary) M-151B SDPC	1704744	Lunch Entree	1 each	493.274	1.471	731.076	17.795*	55.610	6.291	22.308	27.310	59.962	17.655	0.000
Ramen-Teriyaki Chicken (Secondary) M-151B SDPC	1704963	Lunch Entree	1 each	556.259	1.658	830.035	20.020*	62.561	7.229	25.224	30.789	67.739	19.878	0.000
Ravioli, Breaded Cheese, Oven ready, WG, 31.47#, 6/5# 2MMA, 3.5WG, Tasty Brands, 41832 (SDPC)	1400059	Lunch Entree	1 serving	360.000	1.500	730.000	1.000	5.000	7.000	5.000	19.000	64.000	4.000	0.000

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Ravioli in Marinara Sauce M-102 SDPC	1406099	Lunch Entree	3 each	250.653	1.000	662.760	0.000	5.000	5.251	7.502	17.251	36.879	3.688	0.000
Rib B Que (Bun) M-20 SDPC	1418805	Lunch Entree	1 Sandwich	360.043	4.001	730.101	4.000*	40.010	3.900	10.001	20.004	42.002	12.503	0.000
Rib B Que (Hoagie) M-20 SDPC	1418804	Lunch Entree	1 Sandwich	390.043	4.001	790.101	2.000*	40.010	4.900	8.001	23.004	46.002	12.503	0.000
Salad-Chicken Caesar M-87 SDPC	1428347	Lunch Entree	1 Salad	304.399	6.613	856.246	1.267*	58.149	2.424	3.487	20.913	8.392	21.164	0.000*
Salisbury Steak With Gravy- M1 SDPC	1418806	Lunch Entree	1 each	238.309	5.880	686.319	0.000	67.360	0.050	0.632	18.960	5.184	15.822	0.000
Sampler Platter M-106 SDPC	1418819	Lunch Entree	1 platter	402.000	5.200	620.000	0.800	71.500	3.700	0.800	24.700	32.300	19.900	0.200
Sandwich, Chicken, Turkey Ham & Two Cheese, Wedge, IW, 72/4/45oz, 2M, 2WG, Tasty Brands, 70013 (SDPC)	1406088	Lunch Entree	1 serving	270.000	4.000	790.000	3.000	35.000	2.000	4.000	20.000	28.000	9.000	0.000
Scrambled Eggs (Liquid Eggs) M-48 SDPC	1418796	Lunch Entree	1/4 cup	93.124	2.904	154.500	0.000*	238.582	0.009	1.001	7.213	0.989	7.699	0.000*
Shells, Cheese Stuffed, WG, 32.34#, 112/4.62oz, 2M, 1WG, CN, Tasty Brands, 00803WG (SDPC)	1406084	Lunch Entree	1 serving	190.000	2.500	230.000	0.000	25.000	2.000	4.000	13.000	24.000	4.500	0.000
Shepard's Pie M-84 SDPC	2058912	Lunch Entree	6 oz	378.524	9.949	601.363	0.000*	69.533	2.976	1.446	19.781	24.424	23.203	0.667
Skyler's Yogurt Glazed Chicken Salad M-79	1418794	Lunch Entree	8 oz	159.836	1.419	407.989	6.629*	37.867	1.097	14.303	13.283	18.617	3.651	0.000*
Mexican Seasoning Mix, G-01A	1418795	Condiments	1/4 tsp.	0.764	0.003	17.158	0.028	0.000	0.052	0.040	0.029	0.156	0.020	0.000*
Sloppy Joe on a Bun (Homemade) M-60 SDPC	1418790	Lunch Entree	3 oz	347.984	3.075	495.188	5.601*	45.931	3.883	11.613	17.815	45.092	11.209	0.693*
Sloppy Joe on Bun M-60 SDPC	2058843	Lunch Entree	3 oz	497.116	9.071	751.263	10.771*	76.190	4.128	11.771	24.659	45.028	24.405	0.952
Spaghetti and Meatballs M-154 SDPC	1747023	Lunch Entree	1 each	345.164	3.800	702.632	3.531	38.000	4.667	9.729	18.509	43.526	12.255	0.600
Steak Nachos M-153 SDPC	1731430	Lunch Entree	1 each	563.432	9.391	979.493	3.211	73.250	4.549	3.331	22.646	48.753	28.312	0.700
Steak Sandwich M-9 SDPC	1418800	Lunch Entree	1 Sandwich	410.000	5.500	630.000	4.000*	40.000	5.000	5.000	22.000	50.000	13.500	0.000
Stuffed Shells M-76 SDPC	1428087	Lunch Entree	2 Shells	317.727	7.908	465.093	0.000*	53.000	2.427	4.803	20.290	26.496	13.546	0.000
Stuffed Shells (with Alfredo) M-66 SDPC	2024822	Lunch Entree	2 Shells	257.083	4.904	493.041	0.000	38.110	2.007	6.187	17.377	26.927	8.871	0.000

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Stuffed Shells (with Marinara) M-66 SDPC	2024879	Lunch Entree	2 Shells	221.117	3.101	411.181	0.300	28.000	2.611	5.803	15.011	27.420	5.802	0.000
Stuffed Shells with Sauce M66	1428088	Lunch Entree	2 Shells	387.234	6.551	556.862	0.500	49.500	4.021	9.806	26.121	41.841	12.304	0.000
Sub Sandwich M-3 (Hoagie) SDPC	1409160	Lunch Entree	1 sandwich	484.656	6.834	1,344.258	3.014	77.026	5.696	7.312	38.297	47.345	15.707	0.000*
Sunbutter and Apple Jelly Sandwich M-39 SDPC	2112923	Lunch Entree	1 each	393.881	1.417	367.579	4.126	0.000	4.235	27.156	10.961	58.330	13.340	0.000
Sunbutter & Grape Jelly Sandwich, Sunwise, 15.6#, 48/5.2oz, 2MMA, 2WG NEEDS	1409147	Lunch Entree	1 sandwich	610.000	4.000	590.000	18.000	0.000	7.000	18.000	20.000	56.000	34.000	0.000
Sun Butter & Jelly Sandwich M-12C	1428173	Lunch Entree	1 sandwich	409.164	1.772	439.422	2.658*	0.000	4.743	23.419	12.201	54.459	16.175	0.000
Sun Butter & Jelly Sandwich M-12D	1428174	Lunch Entree	1 sandwich	408.058	1.772	435.170	19.667*	0.000	4.658	24.553	12.201	56.046	16.175	0.000
Taco Lasagna Bake M-141 SDPC	1428370	Lunch Entree	1 each	520.856	6.409	669.650	0.145*	23.295	4.754	10.399	34.106	65.741	12.916	0.091
Taco Pie (Beef) M-96 SDPC	1976532	Lunch Entree	1 each	534.623	11.006	917.753	2.122*	65.187	5.199	3.840	20.624	42.459	31.462	0.625
Taco Salad M-41 SDPC	2056239	Lunch Entree	1 each	506.422	11.447	834.397	0.997*	74.679	3.544	0.997	20.355	36.481	30.638	0.625
Taco Stick, Beef and Cheese, IW, 50/4.6oz, 14.38#, 2M, 2WG, Integrated Food Service, 270019	2137531	Lunch Entree	1 serving	327.600	7.690	752.000	0.030	45.910	3.070	1.000	18.520	28.970	15.170	0.000
Tangerine Chicken, 42.3#, 176/3.9oz, 2M, .5WG, Asian Food Solutions, #72001(SDPC)	1406141	Lunch Entree	1 serving	210.000	1.500	400.000	13.000	50.000	2.000	13.000	13.000	26.000	7.000	0.000
Teriyaki Beef Blaster M-173 SDPC	2129101	Lunch Entree	4 piece	152.233	3.806	413.204	N/A*	27.184	1.087	4.350	11.961	6.524	8.699	0.544
Teriyaki Chicken, Asian Food Solutions, 73001 (2M) (SDPC)	1406146	Lunch Entree	1 serving	179.547	0.997	359.094	15.960	49.874	0.000	16.957	15.960	19.950	3.990	0.000
Teriyaki Dumplings M-159 SDPC	1917069	Lunch Entree	6 each	359.001	0.521	2,166.747	16.792	36.479	1.042	21.772	20.729	55.935	7.296	0.000
The Rainbow SDPC COMP-25E	1813767	Lunch Entree	1 each	423.827	3.910	964.811	1.955*	30.776	5.133	9.398	12.562	17.150	30.915	0.000
The Red Devil M-138 SDPC	1418821	Lunch Entree	1 Each	564.042	7.146	980.379	5.655*	60.771	4.724	16.044	21.544	57.291	26.386	0.000*
🥗 Cole Slaw V-24 SDPC	2063361	Vegetables	2 oz.	44.087	0.273	77.892	3.522*	2.709	0.924	5.444	0.478	6.496	1.886	0.000*
Tuna and Noodle Casserole M-55 SDPC	1418811	Lunch Entree	1 cup	226.154	2.614	147.314	0.000*	27.886	3.266	3.742	20.904	25.465	5.119	0.000*

Name	Number	Category	Serving Size	Cal. (kcal)	Sat. Fat (gm)	Sod. (mg)	Added Sugars (gm)	Cholesterol (mg)	Dietary Fiber (gm)	Total Sugars (gm)	Protein (gm)	Total Carbohydrate (gm)	Total Fat (gm)	Trans Fat (gm)
Tuna Salad M-27 SDPC	1418802	Lunch Entree	1 sandwich	281.826	1.089	689.048	2.016*	76.151	4.405	5.056	24.161	30.883	6.681	0.000*
Tuna Sandwich Melt M-45 SDPC	1409157	Lunch Entree	1 sandwich	345.931	1.960	1,038.203	2.000*	47.249	2.109	4.424	29.856	31.361	10.914	0.000*
Turkey and Gravy M-161 SDPC	1948372	Lunch Entree	4 oz	143.074	0.000	613.664	0.000*	55.000	0.000	0.000	22.000	5.969	2.823	0.000
Turkey Bacon Wrap (Spinach Wrap) M-178 SDPC	2213314	Lunch Entree	1 each	432.490	7.377	967.043	0.182	41.379	2.720	1.726	22.898	49.473	16.298	0.000
Turkey Bacon Wrap (Tomato Basil Wrap) M-178 SDPC	2213323	Lunch Entree	1 each	452.490	5.877	1,037.043	1.182	41.379	2.720	2.726	22.898	54.473	14.298	0.000
Turkey Bacon Wrap (Whole Wheat Wrap) M-178 SDPC	2213307	Lunch Entree	1 each	432.490	5.877	947.043	0.182	41.379	6.720	1.726	23.898	51.473	15.298	0.000
Turkey Ham & Cheese Croissant Sandwich, Tasty Brands 70076 (SDPC)	1406092	Lunch Entree	1 sandwich	350.000	9.000	800.000	3.000	35.000	3.000	6.000	20.000	30.000	19.000	0.000
Waldrop Chicken Salad M-78-A	1428078	Lunch Entree	4 ounces	203.207	1.330	699.855	0.000*	55.841	1.680*	2.787*	21.008*	12.161	9.217	0.000*
Waldrop Chicken Salad M-78-B	1428077	Lunch Entree	4 ounces	192.407	2.410	473.059	0.000*	50.441	1.680*	2.787*	17.768*	13.241	8.137	0.000*
Walking Taco (Diced Chicken) M-117 SDPC	1942868	Lunch Entree	1 each	278.972	2.012	676.626	0.797*	45.562	3.000	1.297	14.137	28.595	11.050	0.000
Walking Taco (JTM Taco Filling) M-117 SDPC	1942849	Lunch Entree	1 each	473.883	11.703	788.444	0.000*	91.371	4.009	1.509	25.918	32.334	25.730	0.000
Walking Taco (Scratch Ground Beef) M-117 SDPC	1942829	Lunch Entree	1 each	338.473	5.500	572.616	0.797*	40.000	3.000	1.297	12.500	28.595	18.500	0.500
Wild Mikes Cheese Bites M-170 SDPC	2119254	Lunch Entree	1 serving	280.000	6.000	460.000	1.000	35.000	2.000	2.000	19.000	28.000	10.000	0.000
Wings & Rings M-174 SDPC	2207288	Lunch Entree	6 each	428.963	4.962	932.380	1.094*	138.158	3.281	3.281	26.491	30.645	22.024	0.000
Wok On The Run M-132 SDPC	1427905	Lunch Entree	1 Each	526.397	6.480	1,022.794	15.680*	63.999	2.000	19.660	25.680	51.600	22.920	0.000
Yogurt Parfait M-42 SDPC	1427923	Lunch Entree	1 each	290.692	0.365	154.246	18.023	1.668	3.772	32.652	6.274	56.392	5.241	0.000
Yogurt Plate (Cherry Vanilla) M-34 SDPC	2056132	Lunch Entree	1 each	261.361	4.044	447.680	7.025	15.309	1.000	12.042	12.098	29.053	9.575	0.000
Yogurt Plate (Strawberry) M-34 SDPC	1427919	Lunch Entree	1 plate	240.282	2.500	455.264	7.025	15.000	0.500	12.042	12.011	29.053	6.500	0.000
Ziti - Baked with Meat Sauce M-95 SDPC	1427913	Lunch Entree	6 ounces	469.427	11.070	606.041	0.000*	95.985	4.152	6.654*	26.789	28.477	27.501	1.453

* Indicates missing Nutrient Information.