



# We're Here To Serve You

Student Nutrition Services  
2023-2024

## BIG NEWS for the 2023-2024 school year!!

Breakfast and lunch will be FREE for all students in the School District of Pickens County this school year!

### How is this possible?

Through the Community Eligibility Provision (CEP), CEP allows for free meals for all students based on overall economic status. It eliminates the need for free or reduced meal applications.

### What does this mean?

- No applications or additional information is required.
- You can skip the lunchbox! Let us help you save time and money this school year. Remember one breakfast and one lunch per school day are free.
- If a student wishes to get a 2nd breakfast or a 2nd lunch, they must have money on their account.
- Studies show that children that eat breakfast and lunch have fewer tardies, higher test scores and fewer behavioral issues.
- If a student has a negative balance on their lunch account from previous years, please make sure this is paid.



### **mySchoolBucks.com**

gives parents direct access to their children's meal accounts!

Set up your account & log on to...

- view & print transaction history
- check to see how much money is in an account
- set spending limits
- make deposits to the meal account
- set reoccurring payments by amount & date

Find out more by visiting our website at [www.sdpcnutrition.com](http://www.sdpcnutrition.com)

When a student's meal account balance falls below \$5.00, a courtesy call from ParentLink will be sent to the parent. Courtesy messages are sent on Tuesday's.

Our website has all the information you need — menus, nutrition tips, and mySchoolBucks.com. We're one click away at [www.sdpcnutrition.com](http://www.sdpcnutrition.com)



## What is a meal?

- Lunch (5 items) – meat/meat alternate, vegetable, fruit, grain/bread, milk
- Breakfast (4 items) – meat/meat alternate, fruit, grain/bread, milk
- USDA policy requires a student to have 3 of the 5 meal items at lunch and 3 of the 4 meal items at breakfast. For lunch and breakfast, one of the 3 items must be a fruit or vegetable. Otherwise, the student will be charged the individual price of each.

## Special Sale Items

|                                 | Student | Adult  |
|---------------------------------|---------|--------|
| Lunch Entree Only               | \$2.60  | \$3.00 |
| Breakfast Entree Only           | \$1.65  | \$2.00 |
| Fruit: Fresh or Canned          | \$1.00  | \$1.00 |
| Vegetable: Fresh or Canned      | \$1.00  | \$1.00 |
| Baked Potato: Butter Only       | \$1.50  | \$1.50 |
| French Fries                    | \$1.00  | \$1.00 |
| Macaroni & Cheese: One Cup      | \$1.25  | \$1.25 |
| Roll or Biscuits                | \$0.50  | \$0.50 |
| Desserts                        | \$0.75  | \$0.75 |
| Yogurt                          | \$0.75  | \$0.75 |
| Salad Dressing; 1.5 oz          | \$0.50  | \$0.50 |
| Baked Chips                     | \$0.75  | \$0.75 |
| Cookie (Each)                   | \$0.50  | \$0.50 |
| Toast (2 Pieces) with Jelly     | \$0.50  | \$0.50 |
| Biscuit (1) with Jelly          | \$0.75  | \$0.75 |
| Milk                            | \$0.60  | \$0.60 |
| Cup of Ice                      | \$0.10  | \$0.10 |
| Bottled Water: 8 oz and 16.9 oz | \$0.50  | \$0.50 |
| Juice 4 oz                      | \$0.50  | \$0.50 |
| Tea                             | \$0.60  | \$0.60 |
| Cheese Stick                    | \$0.50  | \$0.50 |
| Specialty Cookie—Fudge or Iced  | \$1.00  | \$1.00 |

## Meal Prices for 2023-2024

|                        | Breakfast | Lunch |
|------------------------|-----------|-------|
| Student (Elementary)   | Free      | Free  |
| 2nd Meal (Elementary)  | 1.65      | 2.35  |
| Student (Middle/High)  | Free      | Free  |
| 2nd Meal (Middle/High) | 1.65      | 2.60  |
| Reduced                | ---       | ---   |
| Adult                  | TBD       | TBD   |
| Extra Milk \$0.60      |           |       |

## Charges (No charging for 2023-2024)

- \* NO extra meals can be charged. Students MUST have money on their account to receive a 2nd breakfast and/or 2nd lunch.
- \* Students MUST have money on their account to purchase special items.

