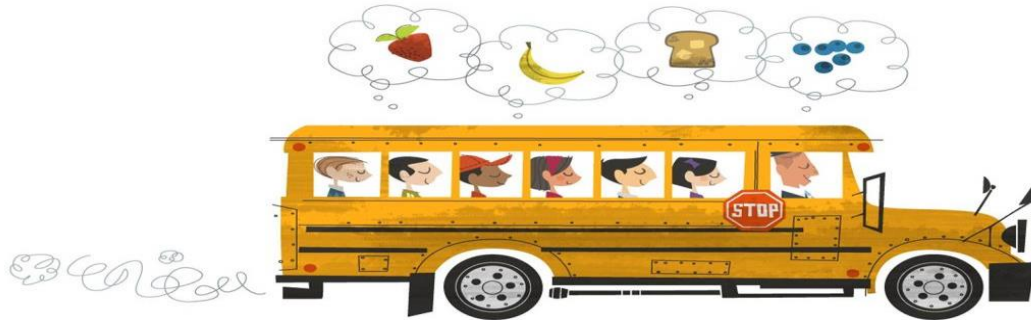


## take time for **school BREAKFAST**

Start Your Day  
with a Healthy,  
Nutritious  
Breakfast!



### **EAT BREAKFAST AT SCHOOL!**

Mornings can be really crazy...the alarm doesn't go off...the kids don't want to get up...there's no time to eat breakfast before the bus comes...or they're just not ready to eat. Or maybe your teenager grabs a can of soda and a candy bar on the way to school. If this sounds like your house, we have good news for you.

Breakfast is served at school! School breakfast will give your child a healthy start to the day. A nutritious breakfast helps students be more alert so they can learn more in class. Breakfast has vitamins and nutrients for a strong and healthy body.

Breakfast at school is affordable, too. If you qualify for free and reduced price meals, you also qualify for the breakfast program, with no additional paperwork. You can't find a healthy breakfast at such a low cost anywhere else.

Help your child start the day right with school breakfast!

### **Breakfast Provides Benefits... [Make it a Priority!](#)**

**Higher Test Scores.** Research has proven that children who eat breakfast have higher math and reading scores.

**Improved Attendance.** Studies show that students who eat breakfast are absent and tardy less often.

**Fewer Trips to the School Nurse.** When students eat breakfast, nurses report fewer hunger related office visits.

**Improved Classroom Behavior.** Students are better able to pay attention in class when they have eaten. Principals confirm that they see fewer discipline problems when students have eaten breakfast.

**Better Learning.** Students learn best when they have eaten a good breakfast.

**More Time on Learning.** When students have eaten, they are better able to concentrate and behave in the classroom. This allows teachers to spend more time on teaching and less time on discipline.

The School District of Pickens County is proud to have the following breakfast programs available:

## **Universal Breakfast Program**

At any of the schools listed below breakfast is FREE to all students regardless of their Meal Status.

### **Current Universal Breakfast Program Schools:**

**Central Elementary School  
Crosswell Elementary School  
Liberty Primary School  
Liberty Elementary School  
Hagood Elementary School  
McKissick Elementary School  
Pickens Elementary School  
Six Mile Elementary School  
West End Elementary School**

**AND**

The following schools now serve

### **BREAKFAST IN THE CLASSROOM!**

**Central Elementary School  
Crosswell Elementary School  
Dacusville Elementary School  
East End Elementary School  
Liberty Elementary School  
Liberty Primary School  
McKissick Elementary School  
Pickens Elementary School  
Six Mile Elementary School**

**“This institution is an equal opportunity provider”**



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