



# We're Here To Serve You

Student Nutrition Services  
2020-2021

## Free & Reduced Information, Benefits, & Status Are All Online!

Apply for free & reduced meals beginning  
**July 23, 2020** at  
[www.sdpcnutrition.com](http://www.sdpcnutrition.com)

Check your free & reduced application status beginning **August 3, 2020** at  
[www.school lunchstatus.com](http://www.school lunchstatus.com)

- Select *South Carolina* and then *School District of Pickens County* from the dropdown menus;
- Enter the required information;
- Click *Submit* to view your status.

## Safe & Secure

We use the highest level of data encryption available so that your information is always safe and guarded.

## Private & Available

Apply online in the comfort and privacy of your own home. The online service is available 24/7 anytime, anywhere there is an Internet or data connection!

## Fast

Your application is transmitted to the SDPC Nutrition Office the same day you apply, allowing for quicker processing so you can receive benefits faster.

## Go Green

No more paper applications to complete and return to the school office! Applying online is so convenient and good for the environment as well!



## mySchoolBucks.com

gives parents direct access to their children's meal accounts!

Set up your account & log on to...

- view & print transaction history
- check to see how much money is in an account
- set spending limits
- make deposits to the meal account
- set reoccurring payments by amount & date

Find out more by visiting our website at  
[www.sdpcnutrition.com](http://www.sdpcnutrition.com)

When a student's meal account balance falls below \$5.00, a ParentLink message is sent to the parent. Messages are sent on Tuesdays.

Our website has all the information you need — menus, nutrition tips, mySchoolBucks.com, and free & reduced meals online application & status check. We're one click away at  
**[www.sdpcnutrition.com](http://www.sdpcnutrition.com)**



## Special Sale Items

|                                 | Student | Adult  |
|---------------------------------|---------|--------|
| Lunch Entree Only               | \$2.35  | \$2.75 |
| Breakfast Entree Only           | \$1.50  | \$1.50 |
| Fruit: Fresh or Canned          | \$0.75  | \$0.75 |
| Vegetable: Fresh or Canned      | \$0.75  | \$0.75 |
| Baked Potato: Butter Only       | \$1.00  | \$1.00 |
| French Fries                    | \$0.75  | \$0.75 |
| Macaroni & Cheese: One Cup      | \$1.00  | \$1.00 |
| Roll or Biscuits                | \$0.50  | \$0.50 |
| Desserts                        | \$0.75  | \$0.75 |
| Yogurt                          | \$0.50  | \$0.50 |
| Salad Dressing; 1.5 oz          | \$0.25  | \$0.25 |
| Baked Chips                     | \$0.50  | \$0.50 |
| Cookie (Each)                   | \$0.50  | \$0.50 |
| Toast (2 Pieces) with Jelly     | \$0.50  | \$0.50 |
| Biscuit (1) with Jelly          | \$0.75  | \$0.75 |
| Milk                            | \$0.60  | \$0.60 |
| Cup of Ice                      | \$0.10  | \$0.10 |
| Bottled Water: 8 oz and 16.9 oz | \$0.50  | \$0.50 |
| Juice 4 oz                      | \$0.50  | \$0.50 |
| Tea                             | \$0.60  | \$0.60 |

## What is a meal?

- Lunch (5 items) — meat/meat alternate, vegetable, fruit, grain/bread, milk
- Breakfast (4 items) — meat/meat alternate, fruit, grain/bread, milk
- USDA policy requires a student to have 3 of the 5 meal items at lunch and 3 of the 4 meal items at breakfast. For lunch and breakfast, one of the 3 items must be a fruit or vegetable. Otherwise, the student will be charged the individual price of each.

## Meal Prices

|                       | Breakfast | Lunch  |
|-----------------------|-----------|--------|
| Student (Elementary)  | \$1.50    | \$2.10 |
| Student (Middle/High) | \$1.50    | \$2.35 |
| Reduced               | \$0.30    | \$0.40 |
| Adult                 | \$2.10    | \$3.50 |
| Extra Milk            | \$0.60    |        |

## Charges

\* Students may charge no more than \$10.00 in meals.



\* Students with negative balances can't purchase special items.

\* If students have negative \$10.00 balances, they are served alternate meals until the balances are paid.

\* If students on free meal status have negative \$10.00 balances, they will receive regular meals.