



# We're Here To Serve You

Student Nutrition Services  
2019-2020

## Free & Reduced Information, Benefits, & Status Are All Online!

Apply for free & reduced meals beginning  
**July 23, 2019** at  
[www.sdpcnutrition.com](http://www.sdpcnutrition.com)

Check your free & reduced application status beginning **August 12, 2019** at  
[www.schoollunchstatus.com](http://www.schoollunchstatus.com)

- Select *South Carolina* and then *School District of Pickens County* from the dropdown menus;
- Enter the required information;
- Click *Submit* to view your status.

## Safe & Secure

We use the highest level of data encryption available so that your information is always safe and guarded.

## Private & Available

Apply online in the comfort and privacy of your own home. The online service is available 24/7 anytime, anywhere there is an Internet or data connection!

## Fast

Your application is transmitted to the SDPC Nutrition Office the same day you apply, allowing for quicker processing so you can receive benefits faster.

## Go Green

No more paper applications to complete and return to the school office! Applying online is so convenient and good for the environment as well!



## mySchoolBucks.com

gives parents direct access to their children's meal accounts!

Set up your account & log on to...

- view & print transaction history
- check to see how much money is in an account
- set spending limits
- make deposits to the meal account
- set reoccurring payments by amount & date

Find out more by visiting our website at  
[www.sdpcnutrition.com](http://www.sdpcnutrition.com)

When a student's meal account balance falls below \$5.00, a ParentLink message is sent to the parent. Messages are sent on Tuesdays.

Our website has all the information you need — menus, nutrition tips, mySchoolBucks.com, and free & reduced meals online application & status check. We're one click away at  
[www.sdpcnutrition.com](http://www.sdpcnutrition.com)



## What is a meal?

- Lunch (5 items) – meat/meat alternate, vegetable, fruit, grain/bread, milk
- Breakfast (4 items) – meat/meat alternate, fruit, grain/bread, milk
- USDA policy requires a student to have 3 of the 5 meal items at lunch and 3 of the 4 meal items at breakfast. For lunch and breakfast, one of the 3 items must be a fruit or vegetable. Otherwise, the student will be charged the individual price of each.

## Meal Prices

	Breakfast	Lunch
Student (Elementary)	\$1.50	\$2.10
Student (Middle/High)	\$1.50	\$2.35
Reduced	\$0.30	\$0.40
Extra Milk \$0.60		

## Special Sale Items

	Student	Adult
Lunch Entree Only	\$2.35	\$2.75
Breakfast Entree Only	\$1.50	\$1.50
Fruit: Fresh or Canned	\$0.75	\$0.75
Vegetable: Fresh or Canned	\$0.75	\$0.75
Baked Potato: Butter Only	\$1.00	\$1.00
French Fries	\$0.75	\$0.75
Macaroni & Cheese: One Cup	\$1.00	\$1.00
Roll or Biscuits	\$0.50	\$0.50
Desserts	\$0.75	\$0.75
Yogurt	\$0.50	\$0.50
Salad Dressing; 1.5 oz	\$0.25	\$0.25
Baked Chips	\$0.50	\$0.50
Cookie (Each)	\$0.50	\$0.50
Toast (2 Pieces) with Jelly	\$0.50	\$0.50
Biscuit (1) with Jelly	\$0.75	\$0.75
Milk	\$0.60	\$0.60
Cup of Ice	\$0.10	\$0.10
Bottled Water: 8 oz and 16.9 oz	\$0.50	\$0.50
Juice 4 oz	\$0.50	\$0.50
Tea	\$0.60	\$0.60

## Charges

\* Students may charge no more than \$10.00 in meals.



\* Students with negative balances can't purchase special items.

\* If students have negative \$10.00 balances, they are served alternate meals until the balances are paid.

\* If students on free meal status have negative \$10.00 balances, they will receive regular meals.