



# We're Here To Serve You

## Student Nutrition Services

### Free & Reduced Information, Benefits, & Status Are All Online!

Apply for free & reduced meals beginning July 22, 2017 at [www.sdpcnutrition.com](http://www.sdpcnutrition.com)

Check your free & reduced application status beginning August 10, 2017 at [www.schoollunchstatus.com](http://www.schoollunchstatus.com)

- Select "South Carolina" and then "School District of Pickens County" from the dropdown menus;
- Enter the required information;
- Click "Submit" to view your status.

### Safe & Secure

We use the highest level of data encryption available so that your information is always safe and guarded.

### Private & Available

Apply online in the comfort and privacy of your own home. The online service is available 24/7 anytime, anywhere there is an Internet connection!

### Fast

Your data is transmitted to the SDPC Nutrition Office the same day you apply, allowing for quicker processing so you can receive benefits faster.

### Go Green

No more paper applications to complete and return to the school office! Applying online is so convenient and good for the environment as well!



**MySchoolBucks.com** gives parents direct access to their children's meal accounts!

Set up your account & log on to...

- view & print transaction history
- check to see how much money is in an account
- set spending limits
- make deposits to the meal account
- set reoccurring payments by amount & date

Find out more by visiting our website [www.sdpcnutrition.com](http://www.sdpcnutrition.com)

When a student's meal account balance falls below \$10.00, a message is sent via call or text. Messages are sent on Tuesdays.

Our website has all the information you need – menus, nutrition tips, LunchBox Online, and online application for free & reduced meals. We're one click away at

[www.sdpcnutrition.com](http://www.sdpcnutrition.com)



### Meal Prices

	Breakfast	Lunch
Student (Elementary)	\$1.40	\$2.00
Student (Middle/High)	\$1.40	\$2.25
Reduced	\$0.30	\$0.40
Extra Milk – \$0.60		

### Special Sale Items

	Student	Adult
Lunch Entree Only	\$2.25	\$2.50
Fruit: Canned or Fresh	\$0.50	\$0.50
Vegetable: Canned or Fresh	\$0.50	\$0.50
Baked Potato: Butter Only	\$1.00	\$1.00
French Fries	\$0.75	\$0.75
Macaroni & Cheese: One Cup	\$1.00	\$1.25
Rolls or Biscuits	\$0.50	\$0.50
Desserts	\$0.50	\$0.50
Yogurt	\$0.50	\$0.50
Milk	\$0.60	\$0.60
Cup of Ice	\$0.10	\$0.10
Salad Dressing: 1.5 oz.	\$0.25	\$0.25
Bottled Water: 8 oz. & 12 oz.	\$0.50	\$0.50
Baked Chips	\$0.50	\$0.50
Cookie (Each)	\$0.50	\$0.50
Breakfast Entree	\$1.30	\$1.30
Toast (2 Pieces) with Jelly	\$0.50	\$0.50
Biscuit (1) with Jelly	\$0.50	\$0.50
Cereal Only	\$0.50	\$0.50
Juice	\$0.50	\$0.50
Tea	\$0.50	\$0.50

### What is a meal?

- Lunch (5 items) – meat/meat alternate, vegetable, fruit, grain/bread, milk
- Breakfast (4 items) – meat/meat alternate, fruit, grain/bread, milk
- USDA policy requires a student to have 3 of the 5 meal items at lunch and 3 of the 4 meal items at breakfast. For lunch and breakfast, one of the three items must be a fruit or vegetable. Otherwise, the student will be charged the individual price of each.

### Charges

- Students may charge no more than \$10.00 in meals.
- Students with negative balances can't purchase special sale items.
- If students have negative \$10.00 balances, they are served alternate meals until the balances are paid.
- If students on free meal status have negative \$10.00 balances, they will still receive regular meals.

