



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<p>3</p> <p>Breakfast Egg & Cheese English Muffin</p> <p>Lunch Soup of the Day Turkey & Cheese Sandwich Hot Ham And Cheese Steamed Broccoli Carrot Sticks w Ranch Choice of Fruit</p>	<p>4</p> <p>Breakfast Steak Biscuit</p> <p>Lunch Walking Taco Chicken Nachos Mexican Street Corn Black Beans w/ Red Peppers Choice of Fruit</p>	<p>5</p> <p>Breakfast Pancake Pup</p> <p>Lunch Philly Cheesesteak Steak Sandwich Spinach Salad w/ Dressing Seasoned Fries Choice of Fruit</p>	<p>6</p> <p>Breakfast Ultimate Breakfast Round</p> <p>Brunch for Lunch Chicken Patty or Sausage Patty Scrambled Eggs & Cheese Grits Cherry Tomatoes w/Ranch Dressing Hashbrown Patties Fresh Baked Biscuit/Biscuit Choice of Fruit</p>	<p>7</p> <p>Breakfast Sausage Biscuit</p> <p>Lunch Italian Pizza Chicken Alfredo w/ Garlic Bread Pesto Roasted Vegetables Spinach Salad w/ Dressing Frozen Fruit Friday or Choice of Fruit National Fettuccine Alfredo Day</p>
<p>10</p> <p>Breakfast Blueberry Waffles</p> <p>Lunch Chicken Pot Pie Country Style Steak Collard Greens Pinto Beans Dinner Roll Choice of Fruit</p>	<p>11</p> <p>Breakfast Banana Bread</p> <p>Lunch Bowl of Chili w/ Cinnamon Roll Baked Ravioli Steamed Carrots Green Beans Garlic Breadstick Choice of Fruit</p>	<p>12</p> <p>Breakfast Chicken Biscuit</p> <p>Lunch Cheese Quesadilla Steak Nachos Lettuce, Tomato, Cheese & Salsa Black Beans w/ Red Peppers Spinach Salad w/ Dressing Choice of Fruit</p>	<p>13</p> <p>Breakfast Blueberry Superstars</p> <p>Lunch Meatball Sub Fajita Steak Mac & Cheese w/ Roll Spiral Fries Steamed Broccoli with Cheese Sauce Choice of Fruit National Cheddar Day</p>	<p>14</p> <p>NO SCHOOL</p> <p><i>Happy Valentine's Day</i></p> <p>TAKE A BREAK</p>
<p>17</p> <p>NO SCHOOL</p> <p>TAKE A BREAK</p>	<p>18</p> <p>Breakfast Ultimate Breakfast Round</p> <p>Lunch Salisbury Steak with Gravy Popcorn Chicken Seasoned Rice Green Beans Sweet Potatoes Choice of Fruit & Presidents Cookies</p>	<p>19</p> <p>Breakfast Ham & Swiss Cheese Croissant</p> <p>Lunch Turkey Roast w/ Gravy Homemade Meatloaf Mashed Potatoes Collard Greens or Black-Eyed Peas Dinner Roll Choice of Fruit</p>	<p>20</p> <p>Breakfast National Muffin Day </p> <p>Lunch Mandarin Orange Chicken Over Rice Teriyaki Dumplings Glazed Carrots Steamed Broccoli Dinner Roll Choice of Fruit</p>	<p>21</p> <p>Breakfast Sausage & Cheese Griddle</p> <p>Lunch Italian Pizza Rib B Que Sandwich Homemade Hummus with Tortilla Chips Spinach Salad w/ Dressing Frozen Fruit Friday Choice of Fruit</p>
<p>24</p> <p>Breakfast Goody Bun</p> <p>Lunch Ginger Beef Ramen Bowl Mozzarella Cheese Sticks w/ Sauce Spinach Salad w/ Dressing Seasoned Corn Choice of Fruit</p>	<p>25</p> <p>Breakfast Strawberry Pancakes</p> <p>Lunch Baked Pork Chop Oven Fried Chicken Steamed Cabbage Pinto Beans Dinner Roll Choice of Fruit</p>	<p>26</p> <p>Breakfast Chicken Biscuit</p> <p>Lunch Cheeseburger w/ Lettuce and Tomato Bird Dog Cole Slaw French Fries Choice of Fruit</p>	<p>27</p> <p>Breakfast Powdered Donuts</p> <p>Lunch Country Steak w/ Gravy Baked Ham Mac-n-Cheese Roasted Broccoli Veggie Cups w/ Ranch Dinner Roll & Choice of Fruit</p>	<p>28</p> <p>Breakfast Ham & Cheese on Hawaiian Roll</p> <p>Lunch Italian Pizza Italian Combo Sub Spinach Salad w/ Dressing Carrot Sticks w/ Ranch Frozen Fruit Friday Choice of Fruit</p>

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / YOGURT & GRANOLA, FRESH FRUIT and FRUIT JUICE OFFERED AT BREAKFAST

FRESH FRUITS AND VEGETABLES ARE AVAILABLE DAILY • GRILLED CHEESE SANDWICH AND YOGURT PLATES AVAILABLE DAILY AT LUNCH

USDA REGULATIONS REQUIRE STUDENTS TO TAKE 1/2 CUP FRUIT AT BREAKFAST AND AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers and Bread is Sourced from a Local Bakery Condiments provided daily

