

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>SmartMouth Pizza Served On: Tuesday & Thursday</p>
				<p>1</p> <p>Breakfast Dutch Waffle</p> <p>Lunch Hot Dog w/Chili & Onions BBQ Sandwich Cole Slaw Sweet Potato Fries Choice of Fruit Doritos</p>
<p>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"</p>				
<p>4</p> <p>Breakfast Mini Waffles Higher achievement in reading & math</p> <p>Lunch Chicken Sandwich K'Lynn's Pepper & Turkey Panini Red Ranch Potatoes Spring Mix Salad w/ Dressing Choice of Fruit</p>	<p>5</p> <p>Breakfast Cinnamon Toast Crunch Soft Baked Bar *Score higher on Standardized tests*</p> <p>Lunch Lemon Pepper Roasted Chicken Homemade Meatloaf Seasoned Corn Oven Roasted Brussel Sprouts Choice of Fruit & Dinner Roll</p>	<p>6</p> <p>Breakfast Grape Filled Crescent Rolls * Have better concentration and memory</p> <p>Lunch Salisbury Steak Breaded Baked Chicken Mashed Potatoes w/ Gravy Pinto Beans or Lima Beans Choice of Fruit & Dinner Roll</p>	<p>7</p> <p>Breakfast Cinni Roll Minis * Be More Alert*</p> <p>Lunch Baked Ravioli w/ Marinara Sauce Roast Beef Sandwich Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit</p>	<p>8</p> <p>Breakfast Coco Puff Soft Baked Bar *Maintain a healthy weight *</p> <p>Lunch Italian Pizza Meatball Sub Steamed Broccoli Seasoned Potato Wedges Choice of Fruit</p>
<p>11</p> <p>Breakfast French Toast Sticks w/ Syrup</p> <p>Lunch Sausage Patty or Canadian Ham Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tater Tots Pancakes Choice of Fruit Tropical Trio Slushy</p>	<p>12</p> <p>Breakfast Ham & Cheese on a Hawaiian Roll</p> <p>Lunch General TSO Chicken Teriyaki Beef Blastars Seasoned Rice Green Beans Steamed Broccoli w/ Cheese Sauce Dinner Roll & Choice of Fruit</p>	<p>13</p> <p>Breakfast Egg, Cheese & Bacon Biscuit</p> <p>Lunch * National Chicken Noodle Soup Day* Grilled Cheese or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Choice of Fruit Shamrock Cookie</p>	<p>14</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch Bird Dog Palmetto Burger Baked Potato Baked Beans Choice of Fruit</p>	<p>NO SCHOOL</p>
<p>18</p> <p>Blueberry Bread</p> <p>Lunch Spaghetti w/Breadstick Crispy Chicken Salad w/Crackers Carrot Sticks w/Dressing Sugar Snap Peas Choice of Fruit "Wormy Dirt Cup"</p>	<p>19</p> <p>Breakfast Carolina Chicken Biscuit</p> <p>Lunch Poppin' Potato Bowl Pulled Pork Seasoned Corn Mashed Potatoes Choice of Fruit Breadstick</p>	<p>20</p> <p>Breakfast Chocolate Chip Breakfast Round</p> <p>Lunch Clux Deluxe Day Chicken Sandwich Chicken Nuggets w/ Breadstick Curly Fries Broccoli Florets w/ dressing Choice of Fruit</p>	<p>21</p> <p>Breakfast Sausage Biscuit</p> <p>Lunch Chicken Fajita Wrap Beef Taco & Chips Mexicali Corn Black Beans Choice of Fruit National Crunchy Taco Day</p>	<p>22</p> <p>Breakfast Pancake Pup</p> <p>Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Corn Dog Sweet Potato Fries Spinach Salad w/ Dressing Choice of Fruit or Fruit Pearls</p>
<p>25</p> <p>Breakfast Powdered Donuts</p> <p>Lunch BBQ Sandwich Bacon Cheeseburger w Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit National Spinach Day</p>	<p>26</p> <p>Breakfast Pizza Bagel</p> <p>Lunch Chicken & Waffles Bacon, Egg & Cheese Biscuit Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit Riptastic Day</p>	<p>27</p> <p>Breakfast Pizza Biscuit</p> <p>Lunch Chicken Alfredo Stuffed Shells w/ Marinara Sauce Broccoli w/ Ranch Dressing Glazed Carrots Choice of Fruit Breadstick</p>	<p>28</p> <p>Breakfast Cinnamon Roll</p> <p>Lunch Country Style Steak w/ Gravy Hamburger Steak w/Cheese, Onions & Gravy Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll & Choice of Fruit</p>	
<p>MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST</p> <p>REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria</p>				

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

