

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Specialty Bar: Monday: Baked Potato & Salad Bar TUESDAY: Soup & Sandwich Bar WEDNESDAY: Baked Potato & Salad Bar THURSDAY: Soup & Sandwich Bar FRIDAY: Taco & Burrito Bar
				1 Breakfast Sausage & Gravy Biscuit Lunch Philly Cheese Steak Sub BBQ Sandwich Cole Slaw Sweet Potato Fries Choice of Fruit Doritos

NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"

4 Breakfast Mini Waffles <i>Higher achievement in reading & math</i> Lunch K'Lynn's Pepper & Turkey Panini Baked Spaghetti w/ Garlic Breadstick Glazed Carrots Spring Mix Salad w/ Dressing Choice of Fruit	5 Breakfast Cinnamon Toast Crunch Soft Baked Bar <i>*Score higher on Standardized tests*</i> Lunch Baked Ravioli w/ Marinara Sauce Shepherd's Pie Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit	6 Breakfast Grape Filled Crescent Rolls <i>* Have better concentration and memory</i> Lunch Roasted Chicken Homemade Meatloaf Seasoned Corn Oven Roasted Brussel Sprouts Choice of Fruit & Dinner Roll	7 Breakfast Cinni Roll Minis <i>* Be More Alert*</i> Lunch Salisbury Steak Baked Pork Chop Mashed Potatoes/Gravy Pinto Beans Or Collard greens Dinner Roll & Choice of Fruit	8 Breakfast Coco Puff Soft Baked Bar <i>*Maintain a healthy weight *</i> Lunch Italian Pizza Meatball Sub Lima Beans Oven Roasted Potatoes Choice of Fruit
11 Breakfast French Toast Sticks w/ Syrup Lunch Palmetto Burger Bird Dog Sweet Potato Fries Baked Beans Choice of Fruit	12 Breakfast Ham & Cheese on a Hawaiian Roll Lunch General TSO Chicken Teriyaki Beef Blasters Seasoned Rice Green Beans Steamed Broccoli w/ Cheese Sauce Dinner Roll & Choice of Fruit	13 Breakfast Omelet, Grits & Toast Lunch <i>* National Chicken Noodle Soup Day*</i> Grilled Cheese or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Choice of Fruit Shamrock Cookie	14 Breakfast Breakfast Pizza Lunch Sausage Patty or Canadian Ham Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit Tropical Trio Slushy	NO SCHOOL
18 Breakfast Cinnamon Bread Lunch Chicken Fajita Wrap Fiesta Macaroni w/ Tortilla Chips Refried Beans Carrot Sticks with Dressing Choice of Fruit "Wormy Dirt Cup"	19 Breakfast Carolina Chicken Biscuit Lunch Poppin' Potato Bowl Seafood Basket Baked Beans Cole Slaw Choice of Fruit Breadstick	20 Breakfast Chocolate Chip Breakfast Round Lunch <i>Clux Deluxe Day</i> Chicken Sandwich Chicken Nuggets w/ Breadstick Curly Fries Broccoli Florets w/ dressing Choice of Fruit	21 Breakfast Pancake Pup Lunch Walking Taco Baja Fish Tacos Mexicali Corn Black Beans Choice of Fruit National Crunchy Taco Day	22 Breakfast Sausage & Gravy Biscuit Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Corn Dog Sweet Potato Fries Spinach Salad w/ Dressing Choice of Fruit or Fruit Pearls
25 Breakfast Powdered Donuts Lunch Hot Dog w/ Chili Bacon Cheeseburger w Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit National Spinach Day	26 Breakfast Breakfast Pizza Lunch Chicken & Waffles Bacon, Egg & Cheese Biscuit Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit Riptastic Day	27 Breakfast Steak Biscuit Lunch Chicken Alfredo Stuffed Shells w/ Marinara Sauce Broccoli w/ Ranch Dressing Glazed Carrots Choice of Fruit Breadstick	28 Breakfast Twin Sausage Minis Lunch Country Style Steak w/ Gravy Baked Fish Filet Crunch Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll & Choice of Fruit	29 NO SCHOOL Smart Mouth Pizza Sold On: Tuesday, Wednesday & Friday

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Peanut Butter & Jelly Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

