



START YOUR DAY OFF RIGHT!!
Join us for Breakfast!

Menu Subject To Change
 Depending Upon Availability
 Of Food Items

PICKENS ELEMENTARY SCHOOL MENU
September 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast Breakfast Pizza Lunch Italian Pizza Ultra Dog With Marinara Dipping Sauce Spinach Salad w/ Ranch Sweet Potato Nuggets Frozen Fruit Friday
4 HAPPY LABOR DAY 	5 No School 	6 Breakfast Sausage Biscuit Lunch Popcorn Chicken Country Style Steak Mashed Potatoes with Gravy Green Beans Dinner Roll Choice of Fruit	7 Breakfast Cinnamon Toast Soft Baked Bar Lunch Fiesta Stuffed Shells Arroz Con Pollo Mexicali Corn Cowboy Salsa Choice of Fruit Tortilla Chips	8 Breakfast Strawberry Pancakes Lunch Italian Pizza Hot Dog w/ Chili Carrot Sticks Spinach Salad w/ Ranch Frozen Fruit Friday Choice of Fruit
11 Breakfast Chocolate Muffin Lunch Fiesta Mac Mozzarella Cheese Sticks Spinach Salad w/ Ranch Roasted Butternut Squash Garlic Breadstick Choice of Fruit	12 Breakfast Apple Frudel Lunch Bird Dog Chicken Flatbread Baked Beans Veggie Cup w/ Ranch Choice of Fruit	13 Breakfast Chicken Biscuit Lunch Chicken Alfredo Lasagna Seasoned Corn Steamed Broccoli Garlic Breadstick Choice of Fruit	14 Breakfast French Toast Lunch Turkey Roast w/ Gravy Ham & Macaroni Au Gratin Lima Beans Glazed Sweet Potatoes Dinner Roll Choice of Fruit	15 Breakfast Sausage ,Egg & Cheese Calzone Lunch Italian Pizza Meatball Sub Spiral Fries Cole Slaw Frozen Fruit Friday Choice of Fruit
18 Breakfast Pop Tart Lunch National Cheeseburger Day Corn Dog French Fries Broccoli Florets w/ Ranch Choice of Fruit Dinner Roll	19 Breakfast Blueberry Waffle Lunch Chicken Pesto Cannoli Baked Ravioli Green Beans Seasoned Corn Garlic Breadstick Choice of Fruit	20 Breakfast Pancake Pup Lunch Meatball Sub BBQ Sandwich Sweet Potato Nuggets Baked Beans Choice of Fruit	21 Breakfast Breakfast Pizza Lunch Sausage Patty or Canadian Bacon Scrambled Eggs Tri Potatoes or Cherry Tomatoes Cheese Grits Fresh Baked Biscuit Choice of Fruit	22 Breakfast Strawberry Filled Mini Bagels Lunch Italian Pizza Ultra Dog Carrot Sticks Spinach Salad w/ Ranch Frozen Fruit Friday Choice of Fruit
25 Breakfast Cinnamon Bread Lunch Walking Taco Chicken Nachos Street Corn Black Beans Lettuce & Tomato Choice of Fruit	26 Breakfast Honey Bun Lunch Teriyaki Dumplings Beef Blasters Steamed Rice Asian Bean Salad or Steamed Broccoli Dinner Roll & Choice o Fruit National Dumpling Day	27 Breakfast Sausage,Egg,Cheese Pancake Sandwich Lunch Chicken Tenders Homeaide Meatloaf Spinach Salad w/ Ranch Mashed Potatoes Choice of Fruit & Dinner Roll National Chocolate Milk Day	28 Breakfast Blueberry Donut Holes Lunch Poppin Potato Bowl Salisbury Steak Glazed Carrots Seasoned Green Beans Dinner Roll Choice of Fruit	29 Breakfast French Toast Sticks Lunch Italian Pizza Fish Sticks w/ Hushpuppies Waffle Sweet Potato Fries Cole Slaw Frozen Fruit Friday Choice of Fruit
MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE OFFERED AT BREAKFAST GRILLED CHEESE SANDWICH AND YOGURT PLATES AVAILABLE DAILY AT LUNCH <i>This Institution is an Equal Opportunity Provider</i> USDA REGULATIONS REQUIRE STUDENTS TO TAKE 1/2 CUP FRUIT AT BREAKFAST AND AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME				
School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers Condiments provided daily				