



National School Lunch Week

October 9-13, 2017

"Recipes for Success"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu subject to change according to availability of food</p> <p>Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms</p>				
		<p>FALL IS IN THE AIR</p>		
<p>2 Breakfast Breakfast Pizza</p> <p>Lunch Chicken Sandwich Fish w/Hushpuppies Carrot Sticks w/ Dressing or English Peas Choice of Fruit</p>	<p>3 Breakfast Dutch Waffle</p> <p>Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Baked Ravioli Green Beans Spinach Salad w/ Dressing Choice of Fruit</p>	<p>4 Breakfast Pancake Pup</p> <p>Lunch National Taco Day Taco Salad or Baja Fish Taco Lettuce, Tomato, Cheese & Salsa Black Beans w/ Red Peppers Mexicali Corn Choice of Fruit or Fruited Jell-O</p>	<p>5 Breakfast Chicken Biscuit</p> <p>Lunch Baked Hawaiian Ham or Meatloaf Mashed Potatoes Tomatoes & Okra or Collard Greens Riptastic Day or Choice of Fruit & Dinner Roll</p>	<p>6 Breakfast French Toast</p> <p>Lunch Italian Pizza or BBQ Sandwich Smiley Fries or Fresh Veggie Cup w/ Dressing Choice of Fruit It's World Smile Day!</p>
<p>9 Breakfast Chocolate Muffin</p>	<p>10 Breakfast Breakfast Pizza</p>	<p>11 Breakfast Fruit Pocket</p>	<p>12 Breakfast Pork Chop Biscuit</p>	<p>13 Breakfast Mini Powdered Donuts</p>
<p>NATIONAL SCHOOL LUNCH WEEK</p>				
<p>Lunch Chicken Alfredo Baked Lasagna Seasoned Corn or Collard Greens Breadstick & Choice of Fruit</p>	<p>Lunch Tangerine Chicken or Teriyaki Beef Blasters Seasoned Rice Glazed Carrots or Oriental Vegetables Choice of fruit & Fortune Cookie</p>	<p>Lunch Pork Chop or Breaded Baked Chicken Macaroni & Cheese Sweet Potatoes or Green Beans Choice of Fruit & Brownie</p>	<p>Lunch Italian Pizza Fishy Fish Sandwich Curly Fries Baked Beans Choice of Fruit</p>	<p>Lunch Palmetto Burger Sub Sandwich Carrot Sticks or Spinach Salad w/Ranch Dressing Friday's on Friday</p>
<p>16 No School</p> <p>Lunch </p>	<p>17 Breakfast Blueberry Muffin</p> <p>Lunch Baked Spaghetti or Cheesy Stuffed Shells in Alfredo Sauce Glazed Carrots or Spinach Salad Garlic Breadstick or Choice of Fruit National Pasta Day</p>	<p>18 Breakfast Carolina Chicken Biscuit</p> <p>Lunch Soup of The Day Turkey Sandwich Hot Ham and Cheese Sandwich Green Beans or Seasoned Corn Choice of Fruit</p>	<p>19 Breakfast Breakfast Pizza Bagel</p> <p>Lunch Turkey Roast & Gravy or Salisbury Steak w/ Gravy Seasoned Rice Steamed Broccoli or Pea & Carrots Choice of Fruit & Dinner Roll</p>	<p>20 Breakfast Twin Mini Sausage Biscuits</p> <p>Lunch Italian Pizza or Meatball Sub Carrot Sticks w/ Dressing or Lima Beans Choice of Fruit</p>
<p>Red Ribbon Week: "Your Future is Key so Stay Drug Free"</p>				
<p>23 Breakfast Pancake Pup</p> <p>Lunch James Ham & Cheese Pinwheel Salad Sloppy Joes Baked Beans or Broccoli Florets w/ Dressing Rosey Red Applesauce or Choice of Fruit</p>	<p>24 Breakfast Dutch Waffle</p> <p>Lunch Chicken Patty or Diced Ham Egg & Cheese Omelet & Cheese Grits Cherry Tomatoes w/ Dressing or Tater Tots 2 Pancakes Choice of Fruit or Apple Juice</p>	<p>25 Breakfast Breakfast Pizza Bagel</p> <p>Lunch Baked Fish Filet or Baked Pork Chop Mashed Potatoes Green Beans or Glazed Carrots Strawberry Kiwi Riptastic Day or Choice of Fruit Fresh Baked Dinner Roll</p>	<p>26 Breakfast Steak Biscuit</p> <p>Lunch Pizza Lunchable BBQ Riblet Sandwich Seasoned Corn or Spinach Salad w/ Dressing Red Grapes or Choice of Fruit</p>	<p>27 Breakfast Cinnamon Bread</p> <p>Lunch Cheeseburger or Hot Dog w/ Chili Cole Slaw Sweet Potato Fries Red Delicious Apples or Choice of Fruit Friday's on Friday</p>
<p>30 Breakfast Pancakes</p> <p>Lunch Ham & Macaroni Au Gratin or Beef Blasters Black eyed Peas or Steamed Broccoli Strawberries or Choice of Fruit</p>	<p>31 Breakfast Pop Tart</p> <p>Lunch Homemade Meatloaf Country Style Steak w/ Gravy Mashed Potatoes Pinto Beans or Steamed Cabbage Dinner Roll Watermelon Raisels or Choice of Fruit</p>	<p>Red Ribbon Week October 23-31, 2017</p>		
<p>MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST</p> <p>PEANUT BUTTER & JELLY SANDWICHES & YOGURT PLATES AVAILABLE DAILY AT LUNCH</p> <p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST</p> <p>REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria</p> <p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME</p>				