

National School Lunch Week

October 9-13, 2017

"Recipes for Success"



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Menu subject to change according to availability of food								FALL IS IN THE AIR	
		Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms							
2	Breakfast PB&J Jammer	3	Breakfast Breakfast Pizza Bagel	4	Breakfast Pancake Pup	5	Breakfast Chicken Biscuit	6	Breakfast French Toast
Lunch Popcorn Chicken Turkey & Dressing Supreme Carrot Sticks w/ Dressing or English Peas Bread Stick Choice of Fruit		Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Baked Ravioli Green Beans Spinach Salad w/ Dressing Choice of Fruit		Lunch National Taco Day Taco Salad or Chicken Fajita Wrap Lettuce, Tomato, Cheese & Salsa Cheesy Refried Beans Mexicali Corn Choice of Fruit or Fruited Jell-O		Lunch Baked Hawaiian Ham or Meatloaf Mashed Potatoes Tomatoes & Okra or Collard Greens Riptastic Day or Choice of Fruit & Dinner Roll		Lunch Italian Pizza or BBQ Sandwich Smiley Fries or Fresh Veggie Cup w/ Dressing Choice of Fruit It's World Smile Day!	
9	Breakfast Chocolate Muffin	10	Breakfast Breakfast Pizza	11	Breakfast Fruit Pocket	12	Breakfast Mini Powdered Donuts	13	Breakfast Pork Chop Biscuit
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Lunch Chicken Alfredo Baked Lasagna Seasoned Corn or Collard Greens Breadstick & Choice of Fruit		Lunch Tangerine Chicken or Teriyaki Beef Blasters Seasoned Rice Glazed Carrots or Oriental Vegetables Choice of fruit & Fortune Cookie		Lunch Pork Chop or Country Style Steak Macaroni & Cheese Sweet Potatoes or Green Beans Choice of Fruit & Brownie		Lunch Italian Pizza Chicken Sandwich Curly Fries Baked Beans Choice of Fruit		Lunch Palmetto Burger Sub Sandwich Carrot Sticks or Spinach Salad w/Ranch Dressing Friday's on Friday	
16	No School	17	Breakfast Pancake Pup	18	Breakfast Cinni Mini	19	Breakfast Blueberry Waffle	20	Breakfast Twin Mini Sausage Biscuits
		Lunch Baked Ravioli or Cheesy Stuffed Shells in Alfredo Sauce Glazed Carrots or Spinach Salad Garlic Breadstick or Choice of Fruit National Pasta Day		Lunch Soup of The Day Grilled Cheese Sandwich Hot Ham and Cheese Sandwich Green Beans or Seasoned Corn Choice of Fruit		Lunch Turkey Roast & Gravy or Salisbury Steak w/ Gravy Seasoned Rice Steamed Broccoli or Pea & Carrots Choice of Fruit & Dinner Roll		Lunch Italian Pizza or Meatball Sub Carrot Sticks w/ Dressing or Lima Beans Choice of Fruit	
Red Ribbon Week: "Your Future is Key so Stay Drug Free"									
23	Breakfast Blueberry Muffin	24	Breakfast Mini Pancake Bites	25	Breakfast Carolina Chicken Biscuit	26	Breakfast Frudel	27	Breakfast Cinnamon Bread
Lunch James Ham & Cheese Pinwheel Salad Sloppy Joes Baked Beans or Broccoli Florets w/ Dressing Rosey Red Applesauce or Choice of Fruit		Lunch Baked Pork Chop Turkey Pot Pie Green Beans or Glazed Carrots Strawberry Kiwi "Riptastic Day" or Choice of Fruit Fresh Baked Dinner Roll		Lunch Sausage Patty or Diced Ham Egg & Cheese Omelet & Cheese Grits Cherry Tomatoes w/ Dressing or Tater Tots 2 Pancakes Choice of Fruit or Apple Juice		Lunch Italian Pizza BBQ Riblet Sandwich Seasoned Corn or Spinach Salad w/ Dressing Red Grapes or Choice of Fruit		Lunch Cheeseburger or Hot Dog w/ Chili Cole Slaw Sweet Potato Fries Red Delicious Apples or Choice of Fruit Friday's on Friday	
30	Breakfast Pancakes	31	Breakfast Pop Tart	Red Ribbon Week October 23-31, 2017					
Lunch Bird Dog or Corn Dog Celery Sticks or Homemade Hummus Served with Chips Strawberries or Choice of Fruit		 Lunch Salisbury Steak w/ Gravy Teriyaki Chicken Mashed Potatoes Pinto Beans or Steamed Cabbage Dinner Roll Watermelon Raisels or Choice of Fruit							
MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST									
PEANUT BUTTER & JELLY SANDWICHES & YOGURT PLATES AVAILABLE DAILY AT LUNCH									
USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST									
REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria									
USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME									