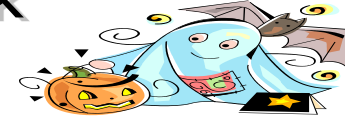


National School Lunch Week October 9-13, 2017

"RECIPES FOR SUCCESS"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Menu subject to change depending upon availability of food Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms Smart Mouth Pizza Sold on the Following Days: Tuesday, Wednesday & Thursday's Monday & Wednesday: Soup & Sandwich Bar Tuesday & Thursday: Baked Potato & Salad Bar Friday: Taco & Burrito Bar</p>				<p>Fall is in the Air!!</p> 
2 Breakfast Dutch Waffle	3 Breakfast Cheese Omelet, Grits & Toast	4 Breakfast Carolina Chicken Biscuit	5 Breakfast Chocolate Chip Breakfast Round	6 Breakfast Sausage & Gravy Biscuit
Lunch Italian Pizza or Popcorn Chicken w/ Breadstick Cole Slaw or Baked Beans Choice of Fruit	Lunch Pork Chop or Country Style Steak w/ Gravy Mashed Potatoes Steamed Broccoli w/ Cheese Sauce Glazed Carrots Dinner Roll & Choice of Fruit	 Lunch Baja Fish Tacos or Taco Salad Lettuce, Tomato, Cheese and Salsa Black Beans w/ Red Peppers or Corn Choice of Fruit National Taco Day	Lunch Baked Ravioli or Chicken Alfredo Spinach Salad w/Ranch Dressing or Seasoned Green Beans Choice of Fruit Garlic Bread Stick	Lunch Sloppy Joe or Seafood Basket Carrot Stick w/ Dressing  Smiley Fries Choice of Fruit It's World Smile Day!!!
9 Breakfast Fruit Strudel	10 Breakfast Cinnamon Roll	11 Breakfast Waffle w/Syrup & Sausage	12 Breakfast Breakfast Pizza	13 Breakfast Sausage & Gravy Biscuit
 NATIONAL SCHOOL LUNCH WEEK 				
Lunch Palmetto Burger or BBQ Sandwich Carrot Sticks or Broccoli with Cheese Sauce Choice of Fruit	Lunch Chicken Pot Pie or Hawaiian Baked Ham Mashed Potatoes Seasoned Corn or Comfy Collard Greens Choice of Fruit & Dinner Roll	Lunch Turkey Roast with Gravy or Teriyaki Chicken Seasoned Rice Sweet Potatoes or Sugar Snap Peas Dinner Roll & Choice of Fruit	Lunch Salisbury Steak or Oven Roasted Baked Chicken Mashed Potatoes w/ Gravy Steamed Cabbage or Pinto Beans Dinner Roll & Choice of Fruit	Lunch Hot Dog w/Chili or Cheeseburger w/ Lettuce & Tomato Baked Beans or Cole Slaw Choice of Fruit Fiday's on Friday
16 NO SCHOOL 	17 Breakfast Pork Chop Biscuit Baked Lasagna Ham and Macaroni Au Gratin Carrot Sticks or Spinach Salad w/ Dressing Choice of Fruit National Pasta Day	18 Breakfast Powdered Donuts Lunch Scrambled Eggs & Cheese Grits Sausage Patty or Diced Ham Sliced Tomato or Tater Tots 2 Pancakes Choice of Fruit	19 Breakfast Pancake Pup w/Syrup Lunch Baked Spaghetti or Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Green Beans or Steamed Squash Garlic Breadstick & Choice of Fruit	20 Breakfast Sausage & Gravy Biscuit Lunch General Tso's Chicken Teriyaki Beef Blasters Seasoned Rice Steamed Broccoli or Black Eyed Peas Choice of Fruit and Dinner Roll
 Red Ribbon Week: "Your Future is Key so Stay Drug Free"				
23 Breakfast Twin Mini Sausage Biscuits	24 Breakfast Breakfast Toast Clux Deluxe Day Chicken Sandwich or Chicken Nuggets w/ Breadstick Lettuce & Tomato Waffle Fries or Carrot Sticks Strawberry Kiwi Riptastic Day or Choice of Fruit	25 Breakfast Steak Biscuit Lunch Soup of the Day Turkey Sandwich or Hot Ham & Cheese Sandwich Roasted Brussel Sprouts or Corn Red Delicious Apples or Choice of Fruit	26 Breakfast Breakfast Bagel Pizza Lunch Breaded Baked Chicken Chicken or Oven Crunch Baked Fish Filet Sweet Potatoes or Collard Greens Brownie Strawberries or Choice of Fruit	27 Breakfast Sausage & Gravy Biscuit Lunch Bird Dog or Fish Sticks Carrot Sticks or Broccoli with Cheese Sauce Watermelon Raisels or Choice of Fruit Fiday's on Friday
30 Breakfast Cinnamon Bread Lunch Sampler Platter Chilli Cheese Fries w/ Fritos Seasoned Corn or Carrot Sticks w/Dressing Rosey Red Applesauce or Choice of Fruit	31 Breakfast Fruit Pocket Lunch Chicken & Waffles Baked Ham w/ Biscuit Cherry Tomatoes w/ Dressing or Tater Tots Apple Juice or Choice of Fruit	<p>RED RIBBON WEEK OCTOBER 23-31, 2017</p> 		
<p>MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST</p> <p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST</p> <p>PEANUT BUTTER & JELLY SANDWICHES AND YOGURT PLATES AVAILABLE DAILY AT LUNCH</p> <p>REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria</p> <p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME</p>				