

National School Lunch Week

October 9-13, 2017

"Recipes for Success"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Menu subject to change according to availability of food					
		Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms			
<p>2 Breakfast Cinnamon Roll</p> <p>Lunch Popcorn Chicken or Fish Nuggets Carrot Sticks w/ Dressing or English Peas Bread Stick Choice of Fruit</p>	<p>3 Breakfast Dutch Waffle</p> <p>Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Baked Ravioli Green Beans Spinach Salad w/ Dressing Choice of Fruit</p>	<p>4 Breakfast Pancake Pup</p> <p>Lunch National Taco Day Taco Salad or Baja Fish Taco Lettuce, Tomato, Cheese & Salsa Black Beans w/ Red Peppers Mexicali Corn Choice of Fruit or Fruited Jell-O</p>	<p>5 Breakfast Chicken Biscuit</p> <p>Lunch Baked Hawaiian Ham or Meatloaf Scalloped Potatoes or Collard Greens Riptastic Day or Choice of Fruit & Dinner Roll</p>	<p>6 Breakfast French Toast w/Syrup</p> <p>Lunch Italian Pizza or BBQ Sandwich Smiley Fries or Fresh Veggie Cup w/ Dressing Choice of Fruit It's World Smile Day!</p>	
<p>9 Breakfast Chocolate Muffin</p> <p>Lunch Chicken Alfredo Baked Lasagna Seasoned Corn or Collard Greens Breadstick & Choice of Fruit</p>	<p style="color: red; font-weight: bold;">↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓</p> <p style="color: red; font-weight: bold; font-size: 1.2em;">NATIONAL SCHOOL LUNCH WEEK</p>			<p>12 Breakfast Mini Powdered Donuts</p> <p>Lunch Italian Pizza Fishy Fish Sandwich Curly Fries Baked Beans Choice of Fruit</p>	<p>13 Breakfast Pork Chop Biscuit</p> <p>Lunch Palmetto Burger Sub Sandwich Carrot Sticks or Spinach Salad w/Ranch Dressing Friday's on Friday</p>
<p>16 No School</p> <p></p>	<p>17 Breakfast Pancake Pup</p> <p>Lunch Baked Spaghetti or Cheesy Stuffed Shells in Alfredo Sauce Glazed Carrots or Spinach Salad Garlic Breadstick or Choice of Fruit National Pasta Day</p>	<p>18 Breakfast Fruit Pocket</p> <p>Lunch Soup of The Day Turkey Sandwich Hot Ham and Cheese Sandwich Green Beans or Seasoned Corn Choice of Fruit</p>	<p>19 Breakfast Breakfast Pizza Bagel</p> <p>Lunch Turkey Roast & Gravy or Salisbury Steak w/ Gravy Seasoned Rice Steamed Broccoli or Pea & Carrots Choice of Fruit & Dinner Roll</p>	<p>20 Breakfast Twin Mini Sausage Biscuits</p> <p>Lunch Italian Pizza or Meatball Sub Carrot Sticks w/ Dressing or Lima Beans Choice of Fruit</p>	
<p style="color: red; font-weight: bold; font-size: 1.2em;">↔ Red Ribbon Week: "Your Future is Key so Stay Drug Free" ↔</p>					
<p>23 Breakfast Blueberry Muffin</p> <p>Lunch James Ham & Cheese Pinwheel Salad Sloppy Joes Baked Beans or Broccoli Florets w/ Dressing Rosey Red Applesauce or Choice of Fruit</p>	<p>24 Breakfast Dutch Waffle</p> <p>Lunch Baked Fish Filet or Baked Pork Chop Mashed Potatoes Green Beans or Glazed Carrots Strawberry Kiwi "Riptastic Day" or Choice of Fruit Fresh Baked Dinner Roll</p>	<p>25 Breakfast Carolina Chicken Biscuit</p> <p>Lunch Sausage Patty or Diced Ham Egg & Cheese Omelet & Cheese Grits Cherry Tomatoes w/ Dressing or Tater Tots 2 Pancakes Choice of Fruit or Apple Juice</p>	<p>26 Breakfast Steak Biscuit</p> <p>Lunch Pizza Lunchable BBQ Riblet Sandwich Seasoned Corn or Spinach Salad w/ Dressing Red Grapes or Choice of Fruit</p>	<p>27 Breakfast Cinnamon Bread</p> <p>Lunch Cheeseburger or Hot Dog w/ Chili Cole Slaw Sweet Potato Fries Red Delicious Apples or Choice of Fruit Friday's on Friday</p>	
<p>30 Breakfast Pancakes w/ Syrup</p> <p>Lunch Bird Dog or Corn Dog Celery Sticks or Homemade Hummus Served with Chips Strawberries or Choice of Fruit</p>	<p>31 Breakfast Pop Tart</p> <p>Lunch Oven Roasted Chicken Country Style Steak w/ Gravy Scalloped Potatoes Pinto Beans or Steamed Cabbage Dinner Roll Watermelon Raisels or Choice of Fruit</p>	<p style="color: red; font-weight: bold; font-size: 1.5em;">Red Ribbon Week October 23-31, 2017</p>			
<p>MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST</p> <p>GRILLED CHEESE SANDWICHES & YOGURT PLATES AVAILABLE DAILY AT LUNCH</p> <p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST</p> <p>REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria</p> <p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME</p>					

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