

National School Lunch Week

October 9-13, 2017

"Recipes for Success"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu subject to change according to availability of food				FALL IS IN THE AIR
	Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms			
2 Breakfast Cinnamon Roll	3 Breakfast Dutch Waffle	4 Breakfast Pancake Pup	5 Breakfast Chicken Biscuit	6 Breakfast French Toast w/Syrup
Lunch Popcorn Chicken or Fish Nuggets Carrot Sticks w/ Dressing or English Peas Bread Stick Choice of Fruit	Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Sloppy Joe Sandwich Green Beans Spinach Salad w/ Dressing Choice of Fruit	Lunch National Taco Day Taco Salad or Baja Fish Taco Lettuce, Tomato, Cheese & Salsa Black Beans w/ Red Peppers Mexicali Corn Choice of Fruit or Fruited Jell-O	Lunch Turkey Roast Teriyaki Beef Blasters Mashed Potatoes Lima Beans or Glazed Carrots Riptastic Day or Choice of Fruit & Dinner Roll	Lunch Italian Pizza or BBQ Sandwich Smiley Fries or Fresh Veggie Cup w/ Dressing Choice of Fruit It's World Smile Day!
9 Breakfast Chocolate Muffin	10 Breakfast Breakfast Pizza	11 Breakfast Sausage Biscuit	12 Breakfast Mini Powdered Donuts	13 Breakfast Pork Chop Biscuit
↓ ↓ ↓ ↓ ↓ NATIONAL SCHOOL LUNCH WEEK ↓ ↓ ↓ ↓ ↓				
Lunch Chicken Alfredo Crispy Chicken Salad Seasoned Corn or Collard Greens Breadstick & Choice of Fruit	Lunch Tangerine Chicken or Beef Blasters Seasoned Rice Glazed Carrots or Oriental Vegetables Choice of Fruit or Fotune Cookie	Lunch Pork Chop or Homemade Meatloaf Macaroni & Cheese Sweet Potatoes or Green Beans Choice of Fruit & Brownie	Lunch Italian Pizza BBQ Sandwich Curly Fries Baked Beans Choice of Fruit	Lunch Palmetto Burger Sub Sandwich Carrot Sticks w/ Dressing Spinach Salad w/Ranch Dressing TGIF Friday's on Friday
16 No School	17 Breakfast Pancake Pup	18 Breakfast French Toast	19 Breakfast Breakfast Pizza Bagel	20 Breakfast Twin Mini Sausage Biscuits
	Lunch Baked Spaghetti or Cheesy Stuffed Shells Glazed Carrots or Spinach Salad Garlic Breadstick or Choice of Fruit National Pasta Day	Lunch Soup of The Day Turkey Sandwich Hot Ham and Cheese Sandwich Lima Beans or Seasoned Corn Choice of Fruit	Lunch Turkey Roast & Gravy or Salisbury Steak w/ Gravy Seasoned Rice Steamed Broccoli or Pea & Carrots Choice of Fruit & Dinner Roll	Lunch Italian Pizza or Bird Dog Curly Fries or English Peas Choice of Fruit
↔ Red Ribbon Week: "Your Future is Key so Stay Drug Free" ↔				
23 Breakfast Blueberry Muffin	24 Breakfast Dutch Waffle	25 Breakfast Carolina Chicken Biscuit	26 Breakfast Steak Biscuit	27 Breakfast Cinnamon Bread
Lunch James Ham & Cheese Pinwheel Salad Chicken Sandwich Baked Beans or Broccoli Florets w/ Dressing Rosey Red Applesauce or Choice of Fruit	Lunch Baked Fish Filet or Baked Pork Chop Mashed Potatoes Lima Beans or Glazed Carrots Strawberry Kiwi "Riptastic Day" or Choice of Fruit Fresh Baked Dinner Roll	Lunch Sausage Patty or Diced Ham Egg & Cheese Omelet & Cheese Grits Cherry Tomatoes w/ Dressing or Tater Tots 2 Pancakes Choice of Fruit or Apple Juice	Lunch Pizza Lunchable Cheese Quesasillas Seasoned Corn or Spinach Salad w/ Dressing Red Grapes or Choice of Fruit	Lunch Cheeseburger or Hot Dog w/ Chili Cole Slaw Sweet Potato Fries Red Delicious Apples or Choice of Fruit TGIF Friday's on Friday
30 Breakfast Pancakes w/ Syrup	31 Breakfast Pop Tart	Red Ribbon Week October 23-31, 2017		
Lunch Bird Dog or Corn Dog Celery Sticks or Homemade Hummus Served with Chips Strawberries or Choice of Fruit	Lunch Fish Filet Crunch Country Style Steak w/ Gravy Mashed Potatoes Pinto Beans or Steamed Squash Dinner Roll Watermelon Raisels or Choice of Fruit			
MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST				
GRILLED CHEESE SANDWICHES & YOGURT PLATES AVAILABLE DAILY AT LUNCH				
USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST				
REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria				
USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME				