

# National School Lunch Week

## October 9-13, 2017

"RECIPES FOR SUCCESS"



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Fall is in the Air!!



Menu subject to change depending upon availability of food  
 Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms  
 Smart Mouth Pizza Sold on the Following Days: Tuesday & Thursday

2 <b>Breakfast</b> Dutch Waffle <b>Lunch</b> Sriracha Chicken Seasoned Rice Broccoli with Cheese Sauce Sweet Carrots Choice of Fruit	3 <b>Breakfast</b> Cheese Omelet, Grits & Toast <b>Lunch</b> Popcorn Chicken Mashed Potatoes Lima Beans Black Eye Peas Dinner Roll & Choice of Fruit	4 <b>Breakfast</b> Carolina Chicken Biscuit <b>Lunch</b> Taco Salad Lettuce, Tomato, Cheese and Salsa Black Beans w/ Red Peppers or Corn Choice of Fruit National Taco Day	5 <b>Breakfast</b> Chocolate Chip Breakfast Round <b>Lunch</b> Baked Ravioli Spinach Salad w/Ranch Dressing or Seasoned Corn Choice of Fruit Garlic Bread Stick	6 <b>Breakfast</b> Sausage & Gravy Biscuit <b>Lunch</b> Sloppy Joe Carrot Stick w/ Dressing Smiley Fries Choice of Fruit It's World Smile Day!!!
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9 <b>Breakfast</b> Fruit Strudel	10 <b>Breakfast</b> Cinnamon Roll	11 <b>Breakfast</b> Waffle w/Syrup & Sausage	12 <b>Breakfast</b> Breakfast Pizza	13 <b>Breakfast</b> Sausage & Gravy Biscuit
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<b>Lunch</b> Palmetto Burger Cold Veggie Tray w/ ranch or Baked Beans Tater Tots Choice of Fruit	<b>Lunch</b> Chicken Pot Pie Comfy Collards Seasoned Corn Choice of Fruit & Dinner Roll	<b>Lunch</b> Teriyaki Chicken Seasoned Rice Sweet Potatoes or Sugar Snap Peas Dinner Roll & Choice of Fruit	<b>Lunch</b> Oven Roasted Baked Chicken Mac & Cheese Steamed Cabbage or Pinto Beans Dinner Roll & Choice of Fruit	<b>Lunch</b> BBQ on Bun Baked Beans or Cole Slaw Choice of Fruit Fidays on Friday
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16 <b>NO SCHOOL</b> 	17 <b>Breakfast</b> Pork Chop Biscuit <b>Lunch</b> Baked Lasagna Carrot Sticks or Spinach Salad w/ Dressing Choice of Fruit & Breadstick National Pasta Day	18 <b>Breakfast</b> Powdered Donuts <b>Lunch</b> Teriyaki Beef Blasters Seasoned Rice Steamed Broccoli or Black Eyed Peas Choice of Fruit and Dinner Roll	19 <b>Breakfast</b> Pancake Pup w/Syrup <b>Lunch</b> Queso Stuffed Shells Green Beans Steamed Squash Garlic Breadstick & Choice of Fruit	20 <b>Breakfast</b> Sausage & Gravy Biscuit <b>Lunch</b> Ham Sub w/ Swiss Cheese Seasoned Corn Spring Mix Salad Choice of Fruit
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↔ Red Ribbon Week: "Your Future is Key so Stay Drug Free" ↔

23 <b>Breakfast</b> Twin Mini Sausage Biscuits <b>Lunch</b> BBQ on Bun Baked Beans or Cole Slaw Choice of Fruit	24 <b>Breakfast</b> Breakfast Toast <b>Clux Deluxe Day</b> Chicken Sandwich Lettuce & Tomato Waffle Fries or Carrot Sticks Strawberry Kiwi Riptastic Day or Choice of Fruit	25 <b>Breakfast</b> Steak Biscuit <b>Lunch</b> Hot Ham & Cheese Sandwich Roasted Brussel Sprouts Veggie Cup w/Ranch Red Delicious Apples or Choice of Fruit	26 <b>Breakfast</b> Breakfast Bagel Pizza <b>Lunch</b> Italian Pizza Seasonaed Corn or Spinach Salad Brownie Strawberries or Choice of Fruit	27 <b>Breakfast</b> Sausage & Gravy Biscuit <b>Lunch</b> Rib- B- Q Carrot Sticks or Broccoli with Cheese Sauce Fruit or Choice of Fruit Fidays on Friday
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30 <b>Breakfast</b> Cinnamon Bread <b>Lunch</b> Baked Ravioli Seasoned Corn or Carrot Sticks w/Dressing Rosey Red Applesauce or Choice of Fruit	31 <b>Breakfast</b> Fruit Pocket <b>Lunch</b> Baked Ham w/ Biscuit Cherry Tomatoes w/ Dressing or Tater Tots Red Delicious Apples or Choice of Fruit	<b>RED RIBBON WEEK OCTOBER 23-31, 2017</b> 		
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**MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST**

**USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST**

**GRILLED CHEESE SANDWICHES AND YOGURT PLATES AVAILABLE DAILY AT LUNCH**

**REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria**  
**USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME**