



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 ZingerBug.com		3 <b>Breakfast</b> Blueberry Waffle <b>Lunch</b> Ravioli w/ Breadstick BBQ Sandwich Carrot Sticks w/ Dressing Tater Tots Choice of Fruit	4 <b>Breakfast</b> Cinnamon Bread <b>Lunch</b> <b>National Spaghetti Day</b>  Baked Spaghetti w/ Breadstick Italian Pizza Spinach Salad w/ Dressing Seasoned Corn Choice of Fruit	5 <b>Breakfast</b> Breakfast Round <b>Lunch</b> Popcorn Chicken Fish Nuggets Cole Slaw or Baked Beans Choice of Fruit <b>Friday's on Friday</b>
	8 <b>Breakfast</b> Sausage Biscuit <b>Lunch</b> Steak Patty Chicken Patty Mashed Potatoes Pinto Beans or Steamed Cabbage Dinner Roll Choice of Fruit	9 <b>Breakfast</b> Chocolate Muffin <b>Lunch</b> Teriyaki Beef Blasters Mandarin Orange Chicken Seasoned Rice Glazed Carrots or Lima Beans Dinner Roll & <b>Fortune Cookie</b> Choice of Fruit	10 <b>Breakfast</b> Frudel <b>Lunch</b> Baked Lasagna Baked Chicken Green Beans or Seasoned Corn <b>Brownie</b> Choice of Fruit	11 <b>Breakfast</b> Blueberry Pancakes  <b>Lunch</b> <b>National Milk Day</b> Sausage Patty or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Biscuits Choice of Fruit
15 <b>Breakfast</b> <b>Martin Luther King Day</b>  <b>NO SCHOOL</b>	16 <b>Breakfast</b> Chocolate Muffin <b>Lunch</b> Stuffed Shells Baked Fish Filet Sweet Potato Fries Steamed Broccoli Choice of Fruit	17 <b>Breakfast</b> Chicken Biscuit <b>Lunch</b> Soup of the Day Turkey & Cheese or Ham and Cheese Green Beans Spinach Salad with Dressing Choice of Fruit	18 <b>Breakfast</b> Pancake Pup <b>Lunch</b> Italian Pizza Hot Dog w/ Chili Baked French Fries Baked Beans Choice of Fruit	19 <b>Breakfast</b> Dutch Waffle <b>Lunch</b> Chicken Filet Sandwich Cheeseburger w/ Lettuce and Sliced Tomatoes Tater Tots Spinach Salad <b>Friday's on Friday</b>
22 <b>Breakfast</b> Cinnamon Bread <b>Lunch</b> Corn Dog Palmetto Burger French Fries Cole Slaw Choice of Fruit 	23 <b>Breakfast</b> Blueberry Muffin <b>Lunch</b> Lasagna w/ Breadstick Tuna Salad Croissant English Peas Sweet Potatoes Choice of Fruit <b>RipTastic Day</b>	24 <b>Breakfast</b> Sausage Biscuit <b>Lunch</b> Chicken Alfredo in a Bread bowl Cheesy Stuffed Shells with a Breadstick Spinach Salad w/ Dressing Pinto Beans Choice of Fruit	25 <b>Breakfast</b> Pancake Pup <b>Lunch</b> Pizza James's Ham & Cheese Pinwheel Salad Served w/ Crackers Sweet Potato French Fries Steamed Corn Choice of Fruit	26 <b>Breakfast</b> Chocolate Chip Breakfast Round <b>Lunch</b> BBQ on a Bun Cheese Steak Sub Baked Beans or Smiley Fries Choice of Fruit
29 <b>Breakfast</b> Chicken Biscuit <b>Lunch</b> Chicken Alfredo Baked Ravioli Lima Beans Spinach Salad Breadstick <b>RipTastic Day or Choice of Fruit</b>	30 <b>Breakfast</b> Chocolate Muffin <b>Lunch</b> Beef Taco Chicken and Cheese Quesadilla Steamed Corn Black Beans w/ Red Peppers Choice of Fruit	31 <b>Breakfast</b> Blueberry Waffle <b>Lunch</b> Country Style Steak w/ Gravy Chicken Fillet Mashed Potatoes Glazed Carrots or Pintos Dinner Roll Choice of Fruit		

**MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST**

**REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria**

**Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch**

**USDA is an Equal Opportunity Provider**

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

