



National School Lunch Week
 October 15-19, 2018
 " SCHOOL LUNCH LOTS 2 LOVE"
 #NSLW18 #lots2love



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Menu subject to change according to availability of food</p> <p>Pickens County Proudly Supports SC Locally Grown Certified Produce/Farms</p>				<p>FALL IS IN THE AIR</p> 
<p>1 Breakfast Cinnamon Roll</p> <p>Lunch Poppin' Chicken Bowl or Fish Nuggets English Peas Sweet Potato Fries Bread Stick Choice of Fruit</p>	<p>2 Breakfast Dutch Waffle</p> <p>Lunch Adysen's BLT Salad w/ Grilled Cheese Croutons Chicken Sandwich Baked Beans Broccoli Florets w/ Ranch Dressing Choice of Fruit</p>	<p>3 Breakfast Pancake Pup</p> <p>Lunch Baked Ham or Homemade Meatloaf Mashed Potatoes Tomatoes & Okra or Green Beans Choice of Fruit & Brownie</p>	<p>4 Breakfast Blue Berry Waffles</p> <p>Lunch National Taco Day Walking Taco or Chicken Nachos Black Beans w/ Red Peppers Mexicali Corn Choice of Fruit or Fruited Jell-O Choice of Fruit</p> 	<p>5 Breakfast French Toast</p> <p>Lunch Italian Pizza or BBQ Sandwich Smiley Fries Spinach Salad/Ranch Dressing Choice of Fruit It's World Smile Day!</p> 
<p>8 Breakfast Cinnamon Bread</p> <p>Lunch Homemade Chicken Pot Pie Country Style Breaded Steak w/Gravy Mashed Potatoes Black-Eyed Peas or Collard Greens Dinner Roll & Choice of Fruit</p>	<p>9 Breakfast Banana Bread</p> <p>Lunch Teriyaki Chicken or Teriyaki Beef Blasters Seasoned Rice Glazed Carrots or California Blend Veggies Dinner Roll, Choice of Fruit & Fortune Cookie</p>	<p>10 Breakfast Grape Filled Crescent Roll</p> <p>Lunch Pork Chop or BBQ Oven Roasted Chicken Macaroni & Cheese Sweet Potatoes or Green Beans Choice of Fruit & Dinner Roll</p>	<p>11 Breakfast Breakfast Pizza</p> <p>Lunch Italian Pizza Fishy Fish Sandwich Spiral Fries Baked Beans Choice of Fruit</p>	<p>12 Breakfast Poptarts</p> <p>Lunch Palmetto Burger Pig in A Blanket Carrot Sticks or Spinach Salad w/ Ranch Dressing Friday's on Friday</p> 
<p>15 No School PROFESSIONAL DEVELOPMENT</p>	<p>16 Breakfast Chocolate Chip Breakfast Round</p> <p>Lunch Baked Spaghetti or Cheesy Stuffed Shells in Alfredo Sauce Glazed Carrots or Seasoned Corn Garlic Breadstick or Choice of Fruit National Pasta Day</p>	<p>17 Breakfast Powdered Donuts</p> <p>Lunch Sausage Patty or Diced Ham Scrambled Eggs & Cheese Grits Cherry Tomatoes w/ Dressing or Tri Potatoes 2 Pancakes Choice of Fruit or Fruit Juice</p>	<p>18 Breakfast Breakfast Pizza</p> <p>Lunch Turkey Roast & Gravy or Salisbury Steak w/ Gravy Seasoned Rice Steamed Broccoli or Peas & Carrots Choice of Fruit & Dinner Roll "Riptastic Day"</p>	<p>19 Breakfast Chicken Biscuit</p> <p>Lunch Italian Pizza or Chicken Sandwich Spinach Salad w/Ranch Dressing or Green Beans Choice of Fruit</p>
<p>At the HEART of every SCHOOL CAFETERIA</p>  <p>We love National School Lunch Week! #NSLW18 #lots2love</p>				
<p>NATIONAL SCHOOL LUNCH WEEK</p>				
<p>22 Breakfast Blueberry Muffin</p> <p>Lunch Fajita Mac and Cheese w/ Corn Chips Sloppy Joes Baked Beans or Spinach Salad w/ Dressing Choice of Fruit</p>	<p>23 Breakfast Cinnamon Bread</p> <p>Lunch Baked Fish Filet or Country Style Steak Mashed Potatoes Green Beans or Glazed Carrots Choice of Fruit Dinner Roll</p>	<p>24 Breakfast Carolina Chicken Biscuit</p> <p>Lunch Soup of The Day Turkey Sandwich Ham and Cheese Sandwich Fresh Broccoli Florets w/ Dressing or Lima Beans - Choice of Fruit</p>	<p>25 Breakfast Cinnamon Roll</p> <p>Lunch Pizza Lunchable Philly Steak Sub Seasoned Corn or Green Beans Choice of Fruit</p>	<p>26 Breakfast Breakfast Pizza</p> <p>Lunch Cheeseburger or Hot Dog w/ Chili Cole Slaw or Sweet Potato Fries Choice of Fruit Fiday's on Friday</p>
<p>29 Breakfast French Toast</p> <p>Lunch Bird Dog or Corn Dog Celery Sticks or Homemade Hummus Served with Chips Choice of Fruit</p>	<p>30 Breakfast Chocolate Filled Crescent Roll</p> <p>Lunch Breaded Baked Chicken or Salisbury Steak Mashed Potatoes Blackeyed Peas or Steamed Cabbage Dinner Roll or Choice of Fruit</p>	<p>31 Breakfast Twin Mini Sausage Biscuits</p> <p>Lunch Meatball Sub Chicken Ranch Wrap Baked Beans or Sweet Potato Fries "Riptastic Day" or Choice of Fruit</p> 	 <p>National School Lunch Week October 15-19, 2018 #NSLW18 #schoolnlunch #lots2love</p>	
<p>MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST</p>				
<p>GRILLED CHEESE SANDWICHES & YOGURT PLATES AVAILABLE DAILY AT LUNCH</p>				
<p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AT BREAKFAST</p>				
<p>REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria</p>				
<p>USDA REGULATIONS REQUIRE STUDENTS TO TAKE AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME</p>				