

**Higher Education
and Quality Lunches**



Smart Mouth Pizza

Served Every: Wednesday
School Pizza Every: Mon. & Fri.

LIBERTY MIDDLE SCHOOL MENU MAY 2018



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| | 1 Breakfast Egg Burrito Lunch Chicken Fajita Wrap Walking Taco Lettuce, Tomato, Cheese & Salsa Black Beans and Corn Refried Beans Choice of Fruit | 2 Breakfast Cinnamon Roll Lunch Baked Spaghetti with Meatballs Chicken Alfredo Spinach Salad w/Dressing Green Beans Garlic Bread Choice of Fruit | 3 Breakfast Breakfast Bagel Lunch Hot Dog Cheeseburger Lettuce & Tomato Sweet Potato Fries Baked Beans Choice of Fruit | 4 Breakfast Sausage & Gravy Biscuit Lunch Chicken and Waffles Fish Sandwich Tri Cut Potato Tomato & Cucumber Salad Choice of Fruit National Orange Juice Day |
| 7 Breakfast Breakfast Pizza Lunch Fiesta Stuffed Shells w/ Tortilla Chips Enchiladas Black Beans w/ Red Peppers Spring Mix Salad w/ Dressing Choice of Fruit | 8 Breakfast Blueberry Muffin Lunch Salisbury Steak General Tso's Chicken Seasoned Rice Lima Beans Sweet Potatoes Choice of Fruit & Dinner Roll | 9 Breakfast Chicken Biscuit Lunch Sausage Patty or Canadian Bacon Scrambled Eggs & Cheese Grits Cherry Tomatoes w/Ranch Dressing Hash browns Choice of Fruit or Orange Wedges Pancakes w/ Sryup | 10 Breakfast Ultimate Breakfast Round Lunch Chili Cheese Fries w/ Fritos Bird Dog English Peas Carrot Sticks w/ Dressing Choice of Fruit | 11 Breakfast Sausage Gravy Biscuit Lunch Corn Dog Italian Sub Sandwich Spinach Salad Tater Tots National Fruit Cocktail Day Friday's on Friday |
| 14 Breakfast Breakfast Pizza Lunch Chicken Fajita Wrap Burrito Lettuce, Tomato, Cheese & Salsa Mexicali Corn National Hummus Day Choice of Fruit | 15 Breakfast Pancake Pup Lunch Oven Baked Chicken Turkey Roast w/ Gravy Cabbage Pinto Beans Dinner Roll Choice of Fruit | 16 Breakfast Grits with Scrambled Eggs & Toast Lunch National BBQ Sandwich Day Teriyaki Chicken Sub Cole Slaw Baked Beans Choice of Fruit National Juice Slush Day | 17 Breakfast French Toast w/ Syrup Lunch Sampler Platter w/ Cheese Nachos Normandy Vegetable Blend Garden Salad Brownie Choice of Fruit | 18 Breakfast Sausage Gravy Biscuit Lunch Pizza Popcorn Chicken w/Breadstick Carrot Sticks w/Dressing Steamed Cauliflower & Broccoli Choice of Fruit |
| 21 Breakfast Breakfast Burrito Lunch <i>Clux Deluxe Day</i> Chicken Sandwich Chicken Nuggets Peas & Carrots Spinach Salad w/ Dressing Choice of Fruit & Dinner Roll | 22 Breakfast Ultimate Breakfast Round Lunch Fish Sticks Turkey Roast w/ Gravy Glazed Carrots Steamed Sweet Sugar Snap Peas Dinner Roll Riptastic Day or Choice of Fruit | 23 Breakfast Blueberry Pancakes Lunch Country Style Steak w/ Gravy Meatloaf Mashed Potatoes Green Beans Breadstick Choice of Fruit | 24 Breakfast Powdered Donuts Lunch Philly Cheese Steak Sub Italian Sub Smiley Fries Vegetable Cup w/ Ranch Dressing Choice of Fruit | 25 Breakfast Sausage Gravy Biscuit Lunch Fish Sandwich Jessah's Avocado Chicken Salad Sandwich Baked Beans Sweet Potato Fries Choice of Fruit Friday's on Friday |
| 28 Memorial Day NO SCHOOL | 29 Breakfast National Biscuit Day - Stea | 30 Breakfast Pancake Pup Lunch Pork Chop Baked Fish Mashed Potatoes Green Beans Glazed Carrots Dinner Roll & Choice of Fruit | 31 Breakfast Breakfast Pizza HALF DAY OF SCHOOL No Lunch Served | JUNE 1 Breakfast Assorted Breakfast Choices HALF DAY OF SCHOOL No Lunch Served |
| National Hamburger Day | | | | |

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates and Peanut Butter and Jelly Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers