

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Smart Mouth Pizza Served on: Tuesday & Thursday		3 Breakfast Powdered Donuts Lunch Popcorn Chicken or Fish Sticks Sweet Potato Fries Steamed Broccoli Hushpuppies or Breadstick Choice of Fruit	4 Breakfast Pancakes with Syrup Lunch National Spaghetti Day  Baked Spaghetti in a Breadbowl Pizza Roasted Brussel or Spinach Salad Riptastic Day or Choice of Fruit	5 Breakfast Sausage & Gravy Biscuit Lunch Chicken Sandwich Cheeseburger w/ Lettuce and Sliced Tomatoes Tater Tots Spinach Salad Choice of Fruit
	8 Breakfast Chocolate Muffin Lunch Baked Fish Crunch Filet Salisbury Steak Mashed Potatoes Lima Beans Glazed Carrots Choice of Fruit & Dinner Roll	9 Breakfast Carolina Chicken Biscuit Lunch Chicken and Waffles Baked Ham and Biscuit Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit	10 Breakfast Pizza Lunch Chicken Alfredo in Bread Bowl Ravioli w/ Marinara Sauce & Breadstick Spinach Salad Green Beans Choice of Fruit	11 National Milk Day French Toast  Lunch Hawaiian Baked Ham Turkey with Gravy Steamed Rice Turnip Greens Sweet Potatoes Dinner Roll & Choice of Fruit
15 Breakfast Martin Luther King Day NO SCHOOL 	16 Breakfast Pancake Pup Lunch Walking Beef Taco Fiesta Stuffed Shells w/ Tortilla Chips Cheese, Salsa, Lettuce & Tomatoes Mexicali Corn Black Beans w/ Red Peppers Choice of Fruit	17 Breakfast Egg Omelet, Cheese Grits and Toast Lunch  Palmetto Burger BBQ Sandwich Cole Slaw Curly Fries Choice of Fruit	18 Breakfast Breakfast Pizza Bagel Lunch Jessah's Avocado Chicken Salad Sandwich Fish Sandwich Spinach Salad w/ Dressing Sweet Potato Waffle Fries Choice of Fruit Riptastic Day	19 Breakfast Sausage & Gravy Biscuit Lunch Clux Deluxe Day Chicken Fillet Sandwich or Chicken Nuggets w/ Breadsticks French Fries Carrots Sticks w/ Dressing Choice of Fruit
22 Breakfast Chocolate Chip Round Lunch Lasagna Baked Pork Chop Steamed Broccoli w/ Cheese Sauce Glazed Carrots Brownie Choice of Fruit	23 Breakfast Dutch Waffle Lunch Sausage Patty or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit Tropical Trio Slushy	24 Breakfast Steak Biscuit Lunch Soup of the Day Grilled Cheese or Hot Ham & Cheese Carrot Sticks/ Ranch Dressing or Green Beans Choice of Fruit	25 Breakfast Breakfast Toast Lunch Salisbury Steak Chicken Pot Pie Mashed Potatoes w/ Gravy Seasoned Corn or Collard Greens Dinner Roll Choice of Fruit	26 Breakfast Sausage & Gravy Biscuit Lunch Philly Steak Sub Honey Smoked Rib-Que Sandwich Baked Beans or Cole Slaw Choice of Fruit Friday's on Friday
29 Breakfast Pancake Pup Lunch Teriyaki Beef Blasters General Tso's Chicken Sesoned Rice Glazed Sweet Carrots Oriental Vegetables Fortune Cookie Dinner Roll & Choice of Fruit	30 Breakfast Breakfast Pizza Lunch Oven Fried Chicken Baked Ravioli Oven Roasted Brussel Sprouts Zucchini & Yellow Squash Breadstick Choice of Fruit	31 Breakfast Sausage Biscuit Lunch Italian Mozzarella Cheese Sticks Chilli Cheese Fries Served with Fritos Carrot Sticks w/ Dressing Steamed Broccoli Choice of Fruit		

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Peanut Butter and Jelly Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

