

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Speciality Bar: Monday & Wednesday: Soup & Salad Bar Tuesday & Thursday: Sandwich Bar & Side Salad Friday: Taco & Burrito Bar	3 Breakfast Breakfast Pizza Lunch Popcorn Chicken or Fish Sticks Sweet Potato Fries Steamed Broccoli Hushpuppies or Breadstick Choice of Fruit	4 Breakfast Pancakes with Syrup Lunch National Spaghetti Day Baked Spaghetti w/ Breadstick Sampler Platter Roasted Brussel or Spinach Salad Riptastic Day or Choice of Fruit 	5 Breakfast Sausage & Gravy Biscuit Lunch Hot Dog w/ Chili Cheeseburger w/ Lettuce and Sliced Tomatoes Tater Tots Spinach Salad Choice of Fruit
		8 Breakfast Chocolate Muffin Lunch Baked Pork Chop Country Style Steak Mashed Potatoes Lima Beans Glazed Carrots Choice of Fruit & Dinner Roll	9 Breakfast Carolina Chicken Biscuit Lunch Chicken and Waffles Breakfast Burrito Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit	10 Breakfast Breakfast Pizza Lunch Chicken Alfredo Fiesta Stuffed Shells Spinach Salad Green Beans Breadstick Choice of Fruit
15 Breakfast Martin Luther King Day NO SCHOOL 	16 Breakfast Chocolate Chip Breakfast Round Lunch Beef Taco Burrito Fiesta Stuffed Shells Mexicali Corn Black Beans w/ Red Peppers Choice of Fruit	17 Breakfast Egg Omelet with Biscuit Lunch Sriracha Chicken Cheese Quesadilla Seasoned Rice Celery Sticks w/ dressing California Blend Choice of Fruit	18 Breakfast Breakfast Pizza Bagel Lunch Turkey Bacon Cheese Croissant Fish Sandwich Spinach Salad w/ Dressing Sweet Potato Waffle Fries Choice of Fruit Riptastic Day	19 Breakfast Sausage & Gravy Biscuit Lunch Clux Deluxe Day Chicken Fillet Sandwich or Chicken Nuggets w/ Breadsticks French Fries Carrots Sticks w/ Dressing Choice of Fruit
22 Breakfast Breakfast Burrito Lunch Lasagna Baked Fish Crunch Filet Steamed Broccoli w/ Cheese Sauce Glazed Carrots Brownie Choice of Fruit	23 Breakfast Dutch Waffle Lunch Sausage Patty or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Biscuit Choice of Fruit Tropical Trio Slushy	24 Breakfast Breakfast Pizza Lunch Soup of the Day Grilled Cheese or Hot Ham & Cheese Carrot Sticks/ Ranch Dressing or Spinach Salad Choice of Fruit	25 Breakfast Cinnamon Roll Lunch Teriyaki Chicken Homemade Meatloaf Mashed Potatoes Steamed Cabbage or Collard Greens Dinner Roll Choice of Fruit	26 Breakfast Sausage & Gravy Biscuit Lunch Philly Steak Sub Honey Smoked Rib-Que Sandwich Baked Beans or Cole Slaw Choice of Fruit Friday's on Friday
29 Breakfast Pancake Pup Lunch Teriyaki Beef Blasters General Tso's Chicken Sesoned Rice Glazed Sweet Carrots Oriental Vegetables Fortune Cookie Dinner Roll & Choice of Fruit	30 Breakfast Breakfast Pizza Bagel Lunch Oven Fried Chicken Baked Ravioli Seasoned Green Beans Zucchini & Yellow Squash Breadstick Choice of Fruit	31 Breakfast Sausage Biscuit Lunch Italian Mozzarella Cheese Sticks Chicken Cheese Burrito Carrot Sticks w/ Dressing Steamed Broccoli Choice of Fruit		

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Peanut Butter & Jelly Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

