

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Specialty Bar: Monday: Wing Bar TUESDAY: Nacho Bar WEDNESDAY: Asian Bar THURSDAY: Soup & Sandwich Bar FRIDAY: Taco & Burrito Bar
				1 Breakfast Sausage & Gravy Biscuit Lunch Philly Cheese Steak Sub Breaded Mozzarella Cheese Sticks Cole Slaw Sweet Potato Fries Choice of Fruit Doritos
NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"				
4 Breakfast Mini Waffles <i>Higher achievement in reading & math</i> Lunch Chicken Strips Baked Spaghetti Glazed Carrots Spring Mix Salad w/ Dressing Breadstick and Choice of Fruit	5 Breakfast Cinnamon Toast Crunch Soft Baked Bar <i>*Score higher on Standardized tests*</i> Lunch Salisbury Steak Baked Pork Chop Mashed Potatoes w/ Gravy Pinto Beans or Collard Greens Choice of Fruit & Dinner Roll	6 Breakfast Grape Filled Crescent Rolls <i>* Have better concentration and memory</i> Lunch Roasted Chicken Homemade Meatloaf Seasoned Corn Oven Roasted Brussel Sprouts Choice of Fruit & Dinner Roll	7 Breakfast Cinni Roll Minis <i>* Be More Alert*</i> Lunch Baked Ravioli w/ Marinara Sauce Chicken Alfredo Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit	8 Breakfast Coco Puff Soft Baked Bar <i>*Maintain a healthy weight *</i> Lunch Chicken Bacon & Cheese Ciabatta Sandwich Meatball Sub Lima Beans Smiley Fries Choice of Fruit
11 Breakfast French Toast Sticks w/ Syrup Lunch Bacon Cheese Burger Bird Dog Sweet Potato Fries Baked Beans Choice of Fruit	12 Breakfast Ham & Cheese on a Hawaiian Roll Lunch General TSO Chicken Teriyaki Beef Blasters Seasoned Rice Green Beans Steamed Broccoli w/ Cheese Sauce Dinner Roll & Choice of Fruit	13 Breakfast Mini Muffins Lunch <i>* National Chicken Noodle Soup Day*</i> Grilled Cheese or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Choice of Fruit Shamrock Cookie	14 Breakfast Breakfast Pizza Lunch Sausage Patty or Canadian Ham Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tri Potatoes Biscuit Choice of Fruit Tropical Trio Slushy	NO SCHOOL
18 Breakfast Cinnamon Bread Lunch Chicken Fajita Wrap Fiesta Stuffed Shells w/ Tortilla Chips Refried Beans Carrot Sticks with Dressing Choice of Fruit "Wormy Dirt Cup"	19 Breakfast Carolina Chicken Biscuit Lunch Chicken Tenders Seafood Basket Baked Beans Cole Slaw Choice of Fruit Breadstick	20 Breakfast Chocolate Chip Breakfast Round Lunch <i>Clux Deluxe Day</i> Chicken Sandwich Chicken Nuggets w/ Breadstick Criss Cut Fries Broccoli Florets w/ dressing Choice of Fruit	21 Breakfast Pancake Pup Lunch Taco Salad Chicken & Cheese Burrito Mexicali Corn Black Beans Choice of Fruit National Crunchy Taco Day	22 Breakfast Sausage & Gravy Biscuit Lunch BBQ Sandwich Corn Dog Sweet Potato Fries Spinach Salad w/ Dressing Choice of Fruit or Fruit Pearls
25 Breakfast Powdered Donuts Lunch Hot Dog w/ Chili Bacon Cheeseburger w Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit National Spinach Day	26 Breakfast Breakfast Pizza Lunch Chicken & Waffles Baked Ham with Biscuit Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit Riptastic Day	27 Breakfast Breakfast Pizza Lunch Chicken Alfredo Stuffed Shells w/ Marinara Sauce Broccoli w/ Ranch Dressing Glazed Carrots Choice of Fruit Breadstick	28 Breakfast Twin Sausage Minis Lunch Country Style Steak w/ Gravy Baked Fish Filet Crunch Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll & Choice of Fruit	29 NO SCHOOL <p>Smart Mouth Pizza Sold On: Tuesday & Thursday</p>

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

