

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1 Breakfast Pancake Pup</p> <p>Lunch Italian Pizza or Bacon Cheeseburger w/ Lettuce & Tomato Baked Beans Spinach Salad Choice of Fruit <i>Happy B-day Dr. Suess</i></p>
<p>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH- MARCH 8TH "START YOUR ENGINES WITH SCHOOL BREAKFAST"</p>				
<p>4 Breakfast <i>Higher levels of achievement in reading & math</i> Mini Waffles</p> <p>Lunch Philly Cheese Steak Sub Bacon & Turkey w/Cheese Flatbread Seasoned Corn Carrot sticks w/ Dressing Choice of Fruit</p>	<p>5 Breakfast <i>* Score higher on Standardized tests *</i> Cinnamon Toast Crunch Soft Baked Bar</p> <p>Lunch Baked Fish Filet Crunch Baked Breaded Chicken Mashed Potatoes Collard Greens or Backeyed Peas Dinner Roll & Choice of Fruit</p>	<p>6 Breakfast <i>* Have better concentration and memory *</i> Grape Filled Crescent Rolls</p> <p>Lunch Popcorn Chicken Ravioli w/ Marinara Sauce Oven Roasted Brussel Sprouts Tater Tots Breadstick & Choice of Fruit</p>	<p>7 Breakfast <i>* Be More Alert *</i> Cinni Roll Minis</p> <p>Lunch Sausage Patty or Steak Patty Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Biscuit Choice of Fruit or Tropical Trio Slushy</p>	<p>8 Breakfast <i>* Maintain a healthy weight *</i> Coco Puff Soft Baked Bar</p> <p>Lunch Italian Pizza Meatball Sub Sweet Potato Fries Baked Beans Choice of Fruit</p>
<p>11 Breakfast Twin Sausage Minis</p> <p>Lunch Baked BBQ Chicken Chicken Alfredo Glazed Carrots Baked Beans Breadstick Choice of Fruit</p>	<p>12 Breakfast Blueberry Muffin</p> <p>Lunch Tangerine Chicken Beef Blasters Seasoned Rice Oriental Vegetables Turnip Greens Dinner Roll & Choice of Fruit</p>	<p>13 Breakfast Breakfast Pizza</p> <p>Lunch "National Chicken Noodle Soup Day" Grilled Cheese or Hot Turkey and Cheese Carrot Sticks w/ Ranch Dressing Cole Slaw Choice of Fruit Shamrock Cookie</p>	<p>14 Breakfast Carolina Chicken Biscuit</p> <p>Lunch Italian Pizza Bacon & Chicken w/Cheese Flatbread Broccoli Florets w/ Dressing Seasoned Corn Choice of Fruit</p>	<p>15 NO SCHOOL Professional Development Day</p>
<p>18 Breakfast Cinnamon Bread</p> <p>Lunch Country Style Steak w/ Gravy Oven Roasted chicken Macaroni & Cheese Pinto Beans Collard Greens Dinner Roll & Choice of Fruit</p>	<p>19 Breakfast Dutch Waffle</p> <p>Lunch Teriyaki Beef Blasters Chicken Alfredo Creamy Mashed Potatoes Broccoli w/ Ranch Dressing Choice of Fruit Breadstick</p>	<p>20 Breakfast Chocolate Chip Breakfast Round</p> <p>Lunch Lasagna Ravioli w/Meatsauce Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit Breadstick</p>	<p>21 Breakfast Pancake Pup</p> <p>Lunch Baked Breaded Chicken Fajita Mac & Cheese Seasoned Corn or Black Beans RipTastic or Choice of Fruit Breadstick</p>	<p>22 Breakfast Cinni Minis</p> <p>Lunch Philly Cheese Steak Sub Chicken Sandwich Baked Beans Cole slaw Choice of Fruit Friday's on Friday</p>
<p>25 Breakfast National Waffle Day</p> <p>Lunch Chicken Fajita Fiesta Macaroni Black Beans or Steamed Spinach Flatbread Choice of Fruit National SPINACH Day</p>	<p>26 Breakfast Breakfast Pizza</p> <p>Lunch Teriyaki Chicken Fish Nuggets Sweet Potato Fries Steamed Broccoli w/ Cheese Sauce Choice of Fruit Breadstick or Hushpuppies</p>	<p>27 Breakfast Steak Biscuit</p> <p>Lunch Hot dog w/chili BBQ Sandwich Curly Fries Cole Slaw Choice of Fruit</p>	<p>28 Breakfast Bacon Egg & Cheese Biscuit</p> <p>Lunch Italian Pizza or Stuffed Shells w/ Alfredo Sauce w/ Garlic Breadstick Seasoned Corn or Roasted Brussel Sprouts Choice of Fruit</p>	<p>29 NO SCHOOL</p>

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese or Country Fried Steak Sandwiches Available Daily at Lunch

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