

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
								<p>SmartMouth Pizza Served On: Tuesday and Thursday</p>		<p>1 Breakfast Sausage & Gravy Biscuit</p>
										<p>Lunch Philly Cheese Steak Sub BBQ Sandwich Cole Slaw Sweet Potato Fries Choice of Fruit Doritos</p>
<p>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"</p>										
<p>4 Breakfast Mini Waffles <i>Higher achievement in reading & math</i></p>	<p>5 Breakfast Cinnamon Toast Crunch Soft Baked Bar <i>*Score higher on Standardized tests*</i></p>	<p>6 Breakfast Grape Filled Crescent Rolls <i>* Have better concentration and memory</i></p>	<p>7 Breakfast Cinni Roll Minis <i>* Be More Alert*</i></p>	<p>8 Breakfast Coco Puff Soft Baked Bar <i>*Maintain a healthy weight *</i></p>						
<p>Lunch K'Lynn's Pepper & Turkey Panini Baked Spaghetti w/ Garlic Breadstick Glazed Carrots Spring Mix Salad w/ Dressing Choice of Fruit</p>	<p>Lunch Salisbury Steak Baked Pork Chop Mashed Potatoes w/ Gravy Pinto Beans or Turnip Greens Choice of Fruit & Dinner Roll</p>	<p>Lunch Roasted Chicken Teriyaki Beef Blasters Seasoned Corn Oven Roasted Brussel Sprouts Choice of Fruit & Dinner Roll</p>	<p>Lunch Baked Lasagna w/ Marinara Sauce Beef Stew over Rice Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit</p>	<p>Lunch Italian Pizza Meatball Sub Lima Beans Oven Roasted Potatoes Choice of Fruit</p>						
<p>11 Breakfast French Toast Sticks w/ Syrup</p>	<p>12 Breakfast Ham & Cheese on a Hawaiian Roll</p>	<p>13 Breakfast Sunshine Sticks</p>	<p>14 Breakfast Breakfast Pizza</p>	<p>15 NO SCHOOL</p>						
<p>Lunch Palmetto Burger Bird Dog Sweet Potato Fries Baked Beans Choice of Fruit</p>	<p>Lunch General TSO Chicken Teriyaki Beef Blasters Seasoned Rice Squash Casserole Steamed Broccoli w/ Cheese Sauce Dinner Roll & Choice of Fruit</p>	<p>Lunch <i>* National Chicken Noodle Soup Day*</i> Egg Salad Sandwich or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Choice of Fruit Shamrock Cookie</p>	<p>Lunch Sausage Patty or Steak Patty Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit Tropical Trio Slushy</p>							
<p>18 Breakfast Cinnamon Bread</p>	<p>19 Breakfast Carolina Chicken Biscuit</p>	<p>20 Breakfast Chocolate Chip Breakfast Rounds</p>	<p>21 Breakfast Pancake Pup</p>	<p>22 Breakfast Sausage & Gravy Biscuit</p>						
<p>Lunch Chicken Fajita Wrap Fiesta Macaroni w/ Tortilla Chips Refried Beans Carrot Sticks with Dressing Choice of Fruit "Wormy Dirt Cup"</p>	<p>Lunch Popcorn Chicken Fish Sticks Baked Beans Cole Slaw Choice of Fruit Breadstick</p>	<p>Lunch Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Corn Dog Sweet Potato Fries Spinach Salad w/ Dressing Choice of Fruit or Fruit Pearls</p>	<p>Lunch Walking Taco Burritos Mexicali Corn Black Beans Choice of Fruit National Crunchy Taco Day</p>	<p>Lunch <i>Clux Deluxe Day</i> Chicken Sandwich Chicken Nuggets w/ Breadstick Curly Fries Broccoli Florets w/ dressing Choice of Fruit</p>						
<p>25 Breakfast Powdered Donuts</p>	<p>26 Breakfast Sunshine Sticks</p>	<p>27 Breakfast Steak Biscuit</p>	<p>28 Breakfast Pancake Bites</p>							
<p>Lunch Hot Dog w/ Chili Bacon Cheeseburger w Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit National Spinach Day</p>	<p>Lunch Chicken & Waffles Bacon, Egg & Cheese Biscuit Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit Riptastic Day</p>	<p>Lunch Chicken Alfredo Fish Sticks Broccoli w/ Ranch Dressing Glazed Carrots Choice of Fruit Breadstick</p>	<p>Lunch Country Style Steak w/ Gravy Teriyaki Chicken Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll & Choice of Fruit</p>							

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

