

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Smart Mouth Pizza Served on: Tuesday & Thursday Calzones Served on Monday & Friday	Speciality Bar: Monday & Wednesday: Soup & Salad Tuesday & Thursday: Baked Potato & Salad Friday: Taco & Burrito Bar	3 Breakfast Dutch Waffle Lunch Popcorn Chicken or Fish Sticks Sweet Potato Fries Steamed Broccoli w/ Cheese Hushpuppies or Breadstick Rosie Applesauce	4 Breakfast Sausage, Egg & Cheese Burrito Lunch National Spaghetti Day Baked Spaghetti in a Breadbowl Alfredo Ravioli w/ Breadstick Green Bean or Spinach Salad Strawberries & Bananas or Choice of Fruit	5 Breakfast Sausage & Gravy Biscuit Lunch BBQ Sandwich Cheeseburger w/ Lettuce and Sliced Tomatoes Tater Tots Spinach Salad Yogurt Parfait or Choice of Fruit
		8 Breakfast Carolina Chicken Biscuit Lunch Baked Fish Crunch Filet Sriracha Chicken w/ Broccoli Seasoned Rice Lima Beans Glazed Carrots Choice of Fruit & Dinner Roll	9 Breakfast Sausage, Cheese Grits & Toast Lunch Chicken and Waffles Baked Ham and Biscuit Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit	10 Breakfast Powdered Donuts Lunch Chicken Alfredo in Bread Bowl Stuffed Shells w/ Marinara Sauce & Breadstick Spinach Salad Blackeye Peas Cantaloupe/ Grapes
15 Breakfast Martin Luther King Day NO SCHOOL 	16 Breakfast Pancake Pup Lunch Walking Beef Taco Fiesta Stuffed Shells w/ Tortilla Chips Cheese, Salsa, Lettuce & Tomatoes Mexicali Corn Black Beans w/ Red Peppers Mandarin Oranges or Choice of Fruit	17 Breakfast Egg Omelet, Cheese Grits and Toast Lunch  Palmetto Burger BBQ Sandwich Cole Slaw Curly Fries Cantaloupe Grapes or Choice of Fruit	18 Breakfast Chicken Biscuit Lunch Jessah's Avocado Chicken Salad Sandwich Fish Sandwich Spinach Salad w/ Dressing Sweet Potato Waffle Fries Kiwi Riptastic Day	19 Breakfast Sausage & Gravy Biscuit Lunch Clux Deluxe Day Chicken Fillet Sandwich or Chicken Nuggets w/ Breadsticks French Fries Carrots Sticks w/ Dressing Fruited Jello or Choice of Fruit
22 Breakfast Chocolate Muffin Lunch Lasagna Baked Pork Chop Steamed Broccoli w/ Cheese Sauce Glazed Carrots Brownie Sliced Peaches or Choice of Fruit	23 Breakfast Dutch Waffle Lunch Sausage Patty or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Orange Slices Tropical Trio Slushy	24 Breakfast Dutch Waffle Lunch Soup of the Day Grilled Cheese or Hot Ham & Cheese Carrot Sticks/ Ranch Dressing or Green Beans Strawberry Mix Fruit or Choice of Fruit	25 Breakfast Cinnamon Roll Lunch Salisbury Steak Chicken Pot Pie Mashed Potatoes w/ Gravy Seasoned Corn or Collard Greens Dinner Roll Fruited Cobbler or Choice of Fruit	26 Breakfast Sausage & Gravy Biscuit Lunch Philly Steak Sub Hot Dog w/ Chili Baked Beans Cole Slaw Yogurt Parfait Friday's on Friday
29 Breakfast Pancake Pup Lunch Teriyaki Beef Blasters General Tso's Chicken Sesoned Rice Steamed Broccoli Oriental Vegetables Fortune Cookie Dinner Roll & Choice of Fruit	30 Breakfast Eggs, Cheese Grits & Toast Lunch Oven Fried Chicken Baked Ravioli Glazed Carrots Zucchini & Yellow Squash Breadstick Choice of Fruit	31 Breakfast Sausage Biscuit Lunch Italian Mozzarella Cheese Sticks Chilli Cheese Fries Served with Fritos Veggies w/ Dressing Blackeye Peas Choice of Fruit		

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

