

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Specialty Bar: Monday: Baked Potato & Salad Bar TUESDAY: Soup & Sandwich Bar WEDNESDAY: Baked Potato & Salad Bar THURSDAY: Soup & Sandwich Bar FRIDAY: Taco & Burrito Bar
				1 Breakfast Sausage & Gravy Biscuit Lunch Philly Cheese Steak Sub BBQ Sandwich Cole Slaw Sweet Potato Fries Yogurt Parfait or Choice of Fruit Doritos

NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"

4 Breakfast Mini Waffles <i>Higher achievement in reading & math</i> Lunch K'Lynn's Pepper & Turkey Panini Baked Spaghetti w/ Garlic Breadstick Glazed Carrots Spring Mix Salad w/ Dressing Choice of Fruit	5 Breakfast Cinnamon Toast Crunch Soft Baked Bar <i>*Score higher on Standardized tests*</i> Lunch Salisbury Steak Baked Pork Chop Mashed Potatoes w/ Gravy Pinto Beans or Collard Greens Choice of Fruit & Dinner Roll	6 Breakfast Chocolate Filled Crescent Rolls <i>* Have better concentration and memory</i> Lunch Breaded Chicken Homemade Meatloaf Seasoned Corn Oven Roasted Brussel Sprouts Choice of Fruit & Dinner Roll	7 Breakfast Cinni Roll Minis <i>* Be More Alert*</i> Lunch Baked Ravioli w/ Marinara Sauce Country Style Steakw/ gravy Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit	8 Breakfast Coco Puff Soft Baked Bar <i>*Maintain a healthy weight *</i> Lunch Italian Pizza Meatball Sub Blackeyed Peas Oven Roasted Potatoes Yogurt Parfait or Choice of Fruit
11 Breakfast French Toast Sticks w/ Syrup Lunch Palmetto Burger Bird Dog Curly Fries Baked Beans Choice of Fruit	12 Breakfast Dutch Waffles Lunch General TSO Chicken Teriyaki Beef Blasters Seasoned Rice Carrots Steamed Broccoli w/ Cheese Sauce Dinner Roll & Choice of Fruit	13 Breakfast Omelet, Grits & Toast Lunch <i>* National Chicken Noodle Soup Day*</i> Grilled Cheese or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Lime Applesauce or Choice of Fruit Shamrock Cookie	14 Breakfast Breakfast Pizza Lunch Sausage Patty or Canadian Ham Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Canataloupe/Grapes or Choice of Fruit Tropical Trio Slushy	NO SCHOOL
18 Breakfast Cinnamon Bread Lunch Burritos w/ Mexican Rice Fiesta Macaroni w/ Tortilla Chips Refried Beans Carrot Sticks with Dressing Mandarin Oranges or Choice of Fruit "Wormy Dirt Cup"	19 Breakfast Carolina Chicken Biscuit Lunch Poppin' Potato Bowl Country Style steak w/ Gravy Baked Beans Spinach Salad Choice of Fruit Breadstick	20 Breakfast Cheese Grits, Eggs & Biscuit Lunch <i>Clux Deluxe Day</i> Chicken Sandwich Chicken Nuggets w/ Breadstick Curly Fries Broccoli Florets w/ dressing Blue Applesauce or Choice of Fruit	21 Breakfast Pancake Pup Lunch Walking Taco Chicken Fajita Wrap Mexicali Corn Black Beans Strawberries/ Banana or Choice of Fruit National Crunchy Taco Day	22 Breakfast Sausage & Gravy Biscuit Lunch Fish Sandwich BBQ Sandwich Hushpuppies Coleslaw Fruit Pearls or Choice of Fruit
25 Breakfast Powdered Donuts Lunch Hot Dog w/ Chili Bacon Cheeseburger w Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit National Spinach Day	26 Breakfast Breakfast Pizza Lunch Chicken & Dutch Waffles Bacon, Egg & Cheese Biscuit Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit Riptastic Day	27 Breakfast Grits, Cheese Omelette Biscuit Lunch Chicken Alfredo Mozzarella Cheese Stick w/ Marinara Broccoli w/ Ranch Dressing Glazed Carrots Mix Fruit Salad or Choice of Fruit Breadstick	28 Breakfast Twin Sausage Minis Lunch Shephards Pie Baked Fish Filet Crunch Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll & Choice of Fruit	29 NO SCHOOL Smart Mouth Pizzas Sold On: Calzones Monday & Friday Pizzas Tuesday-Thursday

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

