

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					1 <b>Breakfast</b> Sausage & Gravy Biscuit <b>Lunch</b> Philly Cheese Steak Sub BBQ Sandwich Cole Slaw Sweet Potato Fries Choice of Fruit <b>Doritos</b>
					<b>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"</b>
4 <b>Breakfast</b> Mini Waffles <i>Higher achievement in reading &amp; math</i> <b>Lunch</b> K'Lynn's Pepper & Turkey Panini Baked Spaghetti w/ Garlic Breadstick Glazed Carrots Spring Mix Salad w/ Dressing Choice of Fruit	5 <b>Breakfast</b> Cinnamon Toast Crunch Soft Baked Bar <i>*Score higher on Standardized tests*</i> <b>Lunch</b> Salisbury Steak Baked Pork Chop Mashed Potatoes w/ Gravy Pinto Beans or Collard Greens Choice of Fruit & Dinner Roll	6 <b>Breakfast</b> Grape Filled Crescent Rolls <i>* Have better concentration and memory</i> <b>Lunch</b> Roasted Chicken Homemade Meatloaf Seasoned Corn Oven Roasted Brussel Sprouts Choice of Fruit & Dinner Roll	7 <b>Breakfast</b> Cinni Roll Minis <i>* Be More Alert*</i> <b>Lunch</b> Baked Ravioli w/ Marinara Sauce Shepherd's Pie Steamed Green Beans Sweet Potatoes <b>Brownie &amp; Choice of Fruit</b>	8 <b>Breakfast</b> Coco Puff Soft Baked Bar <i>*Maintain a healthy weight *</i> <b>Lunch</b> Italian Pizza Meatball Sub Lima Beans Oven Roasted Potatoes Choice of Fruit	
11 <b>Breakfast</b> French Toast Sticks w/ Syrup <b>Lunch</b> Palmetto Burger Bird Dog Sweet Potato Fries Baked Beans Choice of Fruit	12 <b>Breakfast</b> Ham & Cheese on a Hawaiian Roll <b>Lunch</b> General TSO Chicken Teriyaki Beef Blastars Seasoned Rice Green Beans Steamed Broccoli w/ Cheese Sauce Dinner Roll & Choice of Fruit	13 <b>Breakfast</b> Omelet, Grits & Toast <b>Lunch</b> <i>* National Chicken Noodle Soup Day*</i> Grilled Cheese or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Choice of Fruit <b>Shamrock Cookie</b>	14 <b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Sausage Patty or Canadian Ham Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit <b>Tropical Trio Slushy</b>		
18 <b>Breakfast</b> Cinnamon Bread <b>Lunch</b> Chicken Fajita Wrap Fiesta Macaroni w/ Tortilla Chips Refried Beans Carrot Sticks with Dressing Choice of Fruit <b>"Wormy Dirt Cup"</b>	19 <b>Breakfast</b> <b>Carolina Chicken Biscuit</b> <b>Lunch</b> Poppin' Potato Bowl Seafood Basket Baked Beans Cole Slaw Choice of Fruit Breadstick	20 <b>Breakfast</b> Chocolate Chip Breakfast Round <b>Lunch</b> <i>Clux Deluxe Day</i> Chicken Sandwich Chicken Nuggets w/ Breadstick Curly Fries Broccoli Florets w/ dressing Choice of Fruit	21 <b>Breakfast</b> Pancake Pup <b>Lunch</b> Walking Taco Baja Fish Tacos Mexicali Corn Black Beans Choice of Fruit <b>National Crunchy Taco Day</b>	22 <b>Breakfast</b> Sausage & Gravy Biscuit <b>Lunch</b> Breaded Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Corn Dog Sweet Potato Fries Spinach Salad w/ Dressing Choice of Fruit or Fruit Pearls	
25 <b>Breakfast</b> Powdered Donuts <b>Lunch</b> Hot Dog w/ Chili Bacon Cheeseburger w Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit <b>National Spinach Day</b>	26 <b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Chicken & Waffles Bacon, Egg & Cheese Biscuit Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit <b>Riptastic Day</b>	27 <b>Breakfast</b> Steak Biscuit <b>Lunch</b> Chicken Alfredo Stuffed Shells w/ Marinara Sauce Broccoli w/ Ranch Dressing Glazed Carrots Choice of Fruit Breadstick	28 <b>Breakfast</b> Twin Sausage Minis <b>Lunch</b> Country Style Steak w/ Gravy Baked Fish Filet Crunch Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll & Choice of Fruit 		

**MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST**

*REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria*

**Yogurt Plates or Peanut Butter & Jelly Sandwiches Available Daily at Lunch**

**USDA is an Equal Opportunity Provider**

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

