








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 Breakfast Breakfast Pizza	4 Breakfast Pancakes with Syrup	5 Breakfast Sausage & Gravy Biscuit
		Lunch Popcorn Chicken or Fish Sticks Sweet Potato Fries Steamed Broccoli Hushpuppies or Breadstick Choice of Fruit	 National Spaghetti Day Baked Spaghetti in a Breadbowl Sampler Platter Roasted Brussel or Spinach Salad Riptastic Day or Choice of Fruit	Lunch Italian Pizza Cheeseburger w/ Lettuce and Sliced Tomatoes Tater Tots Spinach Salad Choice of Fruit
8 Breakfast Carolina Chicken Biscuit	9 Breakfast Chocolate Muffin	10 Breakfast Powdered Donuts	11 National Milk Day French Toast 	12 National Glazed Doughnut Day Glazed Doughnut 
Lunch Baked Fish Crunch Filet Salisbury Steak Mashed Potatoes Lima Beans Glazed Carrots Choice of Fruit & Dinner Roll	Lunch Chicken and Waffles Baked Ham and Biscuit Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit	Lunch Chicken Alfredo in Bread Bowl Stuffed Shells w/ Marinara Sauce & Breadstick Spinach Salad Green Beans Choice of Fruit	Lunch Hawaiian Baked Ham Turkey with Gravy Steamed Rice Spinach Salad Sweet Potatoes Dinner Roll & Choice of Fruit	Lunch Hot Dog w/ Chili Bird Dog Cole Slaw Baked Beans Choice of Fruit Friday's on Friday
15 Breakfast Martin Luther King Day NO SCHOOL 	16 Breakfast Pancake Pup	17 Breakfast Egg Omelet, Cheese Grits and Toast	18 Breakfast Breakfast Pizza Bagel	19 Breakfast Sausage & Gravy Biscuit
	Lunch Walking Beef Taco Fiesta Stuffed Shells w/ Tortilla Chips Cheese, Salsa, Lettuce & Tomatoes Mexicali Corn Black Beans w/ Red Peppers Choice of Fruit	Lunch  Palmetto Burger BBQ Sandwich Cole Slaw Curly Fries Choice of Fruit	Lunch Jessah's Avocado Chicken Salad Sandwich Fish Sandwich Spinach Salad w/ Dressing Sweet Potato Waffle Fries Choice of Fruit Riptastic Day	Lunch Clux Deluxe Day Chicken Fillet Sandwich or Chicken Nuggets w/ Breadsticks French Fries Carrots Sticks w/ Dressing Choice of Fruit
22 Breakfast Chocolate Chip Round	23 Breakfast Dutch Waffle	24 Breakfast Steak Biscuit	25 Breakfast Cinnamon Roll	26 Breakfast Sausage & Gravy Biscuit
Lunch Lasagna Baked Pork Chop Steamed Broccoli w/ Cheese Sauce Glazed Carrots Brownie Choice of Fruit	Lunch Sausage Patty or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit Tropical Trio Slushy	Lunch Soup of the Day Grilled Cheese or Hot Ham & Cheese Carrot Sticks/ Ranch Dressing or Green Beans Choice of Fruit	Lunch Salisbury Steak Chicken Pot Pie Mashed Potatoes w/ Gravy Seasoned Corn or Collard Greens Dinner Roll Choice of Fruit	Lunch Philly Steak Sub Honey Smoked Rib-Que Sandwich Baked Beans or Cole Slaw Choice of Fruit Friday's on Friday
29 Breakfast Pancake Pup	30 Breakfast Breakfast Pizza	31 Breakfast Sausage Biscuit		
Lunch Teriyaki Beef Blasters General Tso's Chicken Seasoned Rice Glazed Sweet Carrots Oriental Vegetables Fortune Cookie Dinner Roll & Choice of Fruit	Lunch Oven Fried Chicken Baked Ravioli Oven Roasted Brussel Sprouts Zucchini & Yellow Squash Breadstick Choice of Fruit	Lunch Italian Mozzarella Cheese Sticks Chilli Cheese Fries Served with Fritos Carrot Sticks w/ Dressing Steamed Broccoli Choice of Fruit		

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Peanut Butter and Jelly Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

