












MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 				<p>1</p> <p>Breakfast Pancake Pup</p> <p>Lunch Italian Pizza or Bacon Cheeseburger w/ Lettuce & Tomato Baked Beans Spinach Salad Choice of Fruit</p> <p> Happy B-day Dr. Sueess Rainbow Goldfish</p>
<p>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH- MARCH 8TH "START YOUR ENGINES WITH SCHOOL BREAKFAST" </p>				
<p>4</p> <p>Breakfast Higher levels of achievement in reading & math Mini Waffles</p> <p>Lunch Philly Cheese Steak Sub Baked Spaghetti w/ Garlic Breadstick Seasoned Corn Spring Mix Salad w/ Dressing Choice of Fruit</p>	<p>5</p> <p>Breakfast * Score higher on Standardized tests * Cinnamon Toast Crunch Soft Baked Bar</p> <p>Lunch Baked Fish Filet Crunch Baked Chicken Mashed Potatoes Collard Greens or Backeyed Peas Dinner Roll & Choice of Fruit</p>	<p>6</p> <p>Breakfast * Have better concentration and memory * Grape Filled Crescent Rolls</p> <p>Lunch Popcorn Chicken Ravioli w/ Marinara Sauce Oven Roasted Brussel Sprouts Scalloped Potatoes Breadstick & Choice of Fruit</p>	<p>7</p> <p>Breakfast * Be More Alert * Cinni Roll Minis</p> <p>Lunch Sausage Patty or Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit or Tropical Trio Slushy</p>	<p>8</p> <p>Breakfast * Maintain a healthy weight * Coco Puff Soft Baked Bar</p> <p>Lunch Italian Pizza Meatball Sub Sweet Potatos Baked Beans Choice of Fruit</p> <p></p>
<p>11</p> <p>Breakfast Twin Sausage Minis</p> <p>Lunch Chicken Fried Beef Sandwich Bird Dog Sweet Potato Fries Baked Beans Choice of Fruit</p>	<p>12</p> <p>Breakfast Muffin with Cheese Stick</p> <p>Lunch  Tangerine Chicken Beef Blasters Seasoned Rice Oriental Vegetables Turnip Greens Dinner Roll & Choice of Fruit</p>	<p>13</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch Chicken Tortilla Soup Grilled Cheese or Hot Ham and Cheese Carrot Sticks w/ Ranch Dressing or Cole Slaw Choice of Fruit Shamrock Cookie</p>	<p>14</p> <p>Breakfast Turkey and Cheese on Hawaiiian Roll</p> <p>Lunch Italian Pizza Adysen's BLT Salad with Grilled Cheese Croutons Broccoli Florets w/ Dressing Seasoned Corn Choice of Fruit</p>	<p>15</p> <p>NO SCHOOL Professional Development Day</p> <p></p>
<p>18</p> <p>Breakfast Cinnamon Bread</p> <p>Lunch Country Style Steak w/ Gravy Oven Roasted chicken Macaroni & Cheese Pinto Beans Collard Greens Dinner Roll & Choice of Fruit</p>	<p>19</p> <p>Breakfast Dutch Waffle</p> <p>Lunch Chicken & Waffles Bacon Egg & Cheese Biscuit Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit</p>	<p>20</p> <p>Breakfast Chocolate Chip Breakfast Round</p> <p>Lunch Lasagna Shepherd's Pie w/ a Breadstick Steamed Green Beans Sweet Potatoes Brownie & Choice of Fruit</p>	<p>21</p> <p>Breakfast Cereal Bar with Cheese Stick</p> <p>Lunch Walking Taco Fajita Mac & Cheese w/ Tortilla Chips Lettuce, Diced Tomatoes, Cheese, Salsa Mexicali Corn or Black Beans RipTastic or Choice of Fruit National Crunchy Taco Day</p>	<p>22</p> <p>Breakfast Cinni Minis</p> <p>Lunch  Pizza Lunchable Corn Dog Baked Beans Carrot Sticks w/ Dressing Choice of Fruit Friday's on Friday</p>
<p>25</p> <p>Breakfast National Waffle Day</p> <p>Lunch Chicken Fajita Wrap Fiesta Macaroni w/ Tortilla Chips Black Beans w/ Red Peppers Steamed Spinach Choice of Fruit National SPINACH Day </p>	<p>26</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch Poppin' Potato Bowl Fish Nuggets Sweet Potato Fries Steamed Broccoli w/ Cheese Sauce Choice of Fruit Breadstick or Hushpuppies</p>	<p>27</p> <p>Breakfast Steak Biscuit</p> <p>Lunch Pig in a Blanket  BBQ Sandwich Curly Fries Carrot Sticks w/Dressing Choice of Fruit</p>	<p>28</p> <p>Breakfast Bacon Egg & Cheese Biscuit</p> <p>Lunch Italian Pizza or Stuffed Shells w/ Alfredo Sauce w/ Garlic Breadstick Seasoned Corn or Roasted Brussel Sprouts Choice of Fruit</p>	<p>29</p> <p>NO SCHOOL</p> <p></p>

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

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