

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
|  |  |  |  | <p>1</p> <p><b>Breakfast</b><br/>Pancake Pup</p> <p><b>Lunch</b><br/>Italian Pizza or<br/>Bacon Cheeseburger w/ Lettuce &amp; Tomato<br/>Baked Beans<br/>Spinach Salad<br/>Choice of Fruit</p> <p><i>Happy B-day Dr. Suess Rainbow Goldfish</i></p> |
| <p><b>NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH- MARCH 8TH "START YOUR ENGINES WITH SCHOOL BREAKFAST"</b> </p>  |  |  |  |   |
| <p>4</p> <p><b>Breakfast</b><br/>Higher levels of achievement in reading &amp; math<br/>Mini Waffles</p> <p><b>Lunch</b><br/>Philly CheeseSteak Flatbread<br/>Lasagna w/ Breadstick<br/>Seasoned Corn<br/>Tossed Salad w/ Dressing<br/>Choice of Fruit</p> | <p>5</p> <p><b>Breakfast</b><br/>* Score higher on Standardized tests *<br/>Cinnamon Toast Crunch Soft Baked Bar</p> <p><b>Lunch</b><br/>Baked Fish Filet Crunch<br/>Baked Chicken<br/>Mashed Potatoes<br/>Backeyed Peas<br/>Dinner Roll &amp; Choice of Fruit</p> | <p>6</p> <p><b>Breakfast</b><br/>* Have better concentration and memory*<br/>Grape Filled Crescent Rolls</p> <p><b>Lunch</b><br/>Popcorn Chicken<br/>Teriyaki Blasters<br/>Steamed Cabbage<br/>Scalloped Potatoes<br/>Breadstick &amp; Choice of Fruit</p>                                   | <p>7</p> <p><b>Breakfast</b><br/>* Be More Alert*<br/>Cinni Roll Minis</p> <p><b>Lunch</b><br/>Sausage Patty or Breakfast Steak<br/>Omelet or Cheese Grits<br/>Cherry Tomatoes or Tri Potatoes<br/>Pancakes<br/>Choice of Fruit or <b>Tropical Trio Slushy</b></p> | <p>8</p> <p><b>Breakfast</b><br/>* Maintain a healthy weight*<br/>Coco Puff Soft Baked Bar</p> <p><b>Lunch</b><br/>Italian Pizza<br/>Corn Dog<br/>Cole Slaw<br/>Baked Beans<br/>Choice of Fruit</p>   |
| <p>11</p> <p><b>Breakfast</b><br/>Blueberry Muffin</p> <p><b>Lunch</b><br/> Palmetto Burger<br/>Bird Dog<br/>Sweet Potato Fries<br/>Baked Beans<br/>Choice of Fruit</p>  | <p>12</p> <p><b>Breakfast</b><br/>Chocolate Chip French Toast</p> <p><b>Lunch</b><br/> Country Fried Steak w/Gravy<br/>Pork Chop<br/>Seasoned Rice<br/>Oriental Vegetables<br/>Broccoli w/ Cheese<br/>Dinner Roll &amp; Choice of Fruit</p>                        | <p>13</p> <p><b>Breakfast</b><br/>Banana Bread</p> <p><b>Lunch</b><br/><b>"National Chicken Noodle Soup Day"</b><br/>Grilled Cheese<br/>Ranch Chicken, Bacon, &amp; Cheese Flatbread<br/>Carrot Sticks w/ Ranch Dressing<br/>or Cole Slaw<br/><b>Choice of Fruit and Shamrock Cookie</b></p> | <p>14</p> <p><b>Breakfast</b><br/><b>Carolina Chicken Biscuit</b></p> <p><b>Lunch</b><br/>Italian Pizza<br/>Adysen's BLT Salad<br/>with Grilled Cheese Croutons<br/>Brussel Sprouts<br/>Seasoned Corn<br/>Choice of Fruit</p>                                      | <p>15</p> <p><b>NO SCHOOL</b><br/>Professional Development Day</p>  |
| <p>18</p> <p><b>Breakfast</b><br/>Poptart</p> <p><b>Lunch</b><br/>Potato Crunch Fish Filet<br/>Turkey &amp; Gravy<br/>Macaroni &amp; Cheese<br/>Pinto Beans<br/>Collard Greens<br/>Dinner Roll &amp; Choice of Fruit</p>                                   | <p>19</p> <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>Chicken &amp; Waffles<br/>Breaded Mozzarella Cheesestick<br/>w/ Marinara Dipping Sauce<br/>Tri Cut Potato<br/>Broccoli w/ Ranch Dressing<br/>Choice of Fruit</p>                         | <p>20</p> <p><b>Breakfast</b><br/>Donut Holes</p> <p><b>Lunch</b><br/>Chicken Alfredo<br/>Shepherd's Pie w/ a Breadstick<br/>Steamed Green Beans<br/>Sweet Potatoes<br/><b>Brownie</b> &amp; Choice of Fruit</p>   | <p>21</p> <p><b>Breakfast</b><br/>Pancake Pup</p> <p><b>Lunch</b><br/>Walking Taco<br/>Burrito<br/>Lettuce, Diced Tomatoes, Cheese, Salsa<br/>Mexicali Corn or Black Beans<br/>RipTastic or Choice of Fruit<br/><b>National Crunchy Taco Day</b></p>               | <p>22</p> <p><b>Breakfast</b><br/>French Toast</p> <p><b>Lunch</b><br/> Pizza Lunchable<br/>Corn Dog<br/>Baked Beans<br/>Carrot Sticks w/ Dressing<br/>Choice of Fruit<br/><b>Friday's on Friday</b></p>  |
| <p>25</p> <p><b>Breakfast</b><br/><b>National Waffle Day</b></p> <p><b>Lunch</b><br/>Burrito<br/>Fajita Macaroni w/ Tortilla Chips<br/>Black Beans w/ Red Peppers<br/>Steamed Spinach<br/>Choice of Fruit<br/><b>National SPINACH Day</b></p>              | <p>26</p> <p><b>Breakfast</b><br/>Muffin</p> <p><b>Lunch</b><br/>Poppin' Potato Bowl w/Breadstick<br/>Breaded Mozzarella Cheesestick<br/>w/ Sauce<br/>Tossed Salad w/ Dressing<br/>Steamed Broccoli w/ Cheese Sauce<br/>Choice of Fruit</p>                        | <p>27</p> <p><b>Breakfast</b><br/>Cinnamon Bread</p> <p><b>Lunch</b><br/> Pig in a Blanket<br/>Cheeseburger<br/>Curly Fries<br/>Carrot Sticks w/Dressing<br/>Choice of Fruit</p>   | <p>28</p> <p><b>Breakfast</b><br/>Chicken Biscuit</p> <p><b>Lunch</b><br/>Italian Pizza or<br/>Stuffed Shells w/ Alfredo Sauce<br/>w/ Garlic Breadstick<br/>Seasoned Corn or<br/>Mixed Veggies<br/>Choice of Fruit</p>   | <p>29</p> <p><b>NO SCHOOL</b></p>   |

**MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AT BREAKFAST**

**REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria**

**Yogurt Plates or Sun Butter & Jelly Sandwiches Available Daily at Lunch**

**USDA is an Equal Opportunity Provider**

