



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 ZingerBug.com	3 Breakfast Breakfast Burrito Lunch Bird Dog BBQ Sandwich Carrot Sticks w/ Dressing Tater Tots Choice of Fruit	4 Breakfast Pizza Bagel Lunch National Spaghetti Day Spaghetti & Meatballs w/ Breadstick Italian Pizza Spinach Salad w/ Dressing Seasoned Corn Choice of Fruit	5 Breakfast Poptart Lunch Popcorn Chicken Fish Nuggets Cole Slaw or Baked Beans Choice of Fruit Friday's on Friday
8 Breakfast Sausage Biscuit Lunch Baked Cruchy Fish Filet or Baked Pork Chop Mashed Potatoes Pinto Beans Dinner Roll Choice of Fruit		9 Breakfast French Toast Lunch Teriyaki Beef Blasters Mandarin Orange Chicken Seasoned Rice Glazed Carrots or Broccoli w/ Cheese Sauce Dinner Roll & Fortune Cookie Choice of Fruit	10 Breakfast Chocolate Muffin Lunch Baked Lasagna Stuffed Shells Green Beans or Seasoned Corn Brownie Choice of Fruit	11 Breakfast Blueberry Pancakes Lunch National Milk Day Breakfast Porkchop or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Biscuit Choice of Fruit
15 Breakfast Martin Luther King Day NO SCHOOL 	16 Breakfast Pancake Pup Lunch Chicken & Waffles Meatball Sub Sandwich Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit	17 Breakfast Banana Bread Lunch Soup of the Day Taterito or Hot Ham & Cheese Sandwich Green Beans Spinach Salad with Dressing Choice of Fruit	18 Breakfast Powdered Donuts Lunch Italian Pizza Hot Dog w/ Chili Baked French Fries Baked Beans Choice of Fruit	19 Breakfast Chicken biscuit Lunch Chicken Filet Sandwich w/ Lettuce and Sliced Tomatoes Italian Mozzarella Cheesesticks w/ Marinara Dipping Sauce Tater Tots or Spinach Salad Friday's on Friday
22 Breakfast Cinnamon Roll Lunch Philly Steak Sandwich Palmetto Burger Curly Fries Cole Slaw Choice of Fruit	23 Breakfast Blueberry Muffin Lunch Teriyaki Blasters Turkey with Gravy Collard Greens Sweet Potatoes Dinner Roll RipTastic Day or Choice of Fruit	24 Breakfast Fruit Frudel Lunch Chicken Alfredo in a Bread bowl Lasagna with a Breadstick Spinach Salad w/ Dressing Green Beans Choice of Fruit	25 Breakfast Pancake Pup Lunch Pizza Lunchable James's Ham & Cheese Pinwheel Salad Served w/ Crackers Sweet Potato French Fries Steamed Corn Choice of Fruit	26 Breakfast Sausage Biscuit Lunch Italian Pizza or Hot Dog w/ Chili Baked Beans or Smiley Fries Choice of Fruit
29 Breakfast Chocolate Muffin Lunch Ham and Macaroni Au Gratin Baked Ravioli Brussel Sprouts Spinach Salad w/ Breadstick Choice of Fruit or RipTastic Day	30 Breakfast Carolina Chicken Biscuit Lunch Waking Beef Taco Chicken and Cheese Nachos Mexican Rice Mexicali Corn Black Beans w/ Red Peppers Choice of Fruit	31 Breakfast Twin Mini Sausage Biscuits Lunch Country Style Steak w/ Gravy Baked Chicken Mashed Potatoes Glazed Carrots Dinner Roll Choice of Fruit		
MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AT BREAKFAST				

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

