



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 ZingerBug.com		3 Breakfast Sausage Biscuit	4 Breakfast Chocolate Muffin	5 Breakfast Cinnamon Roll
		Lunch Hot Dog w/chili BBQ Sandwich Carrot Sticks w/ Dressing Curly Fries Choice of Fruit	Lunch <b>National Spaghetti Day</b> Baked Spaghetti w/ Breadstick Italian Pizza Green Beans Seasoned Corn Choice of Fruit 	Lunch Popcorn Chicken Fish Nuggets Spinach Salad or Baked Beans Choice of Fruit <b>Friday's on Friday</b>
8 Breakfast Breakfast Pizza	9 Breakfast French Toast	10 Breakfast Chocolate Muffin	11 Breakfast Blueberry Pancakes 	12 Breakfast <b>National Glazed Doughnut Day</b> Glazed Doughnut 
Lunch Salisbury Steak or Baked Fish Fillet Mashed Potatoes w/ Gravy Pinto Beans or Steamed Cabbage Dinner Roll Choice of Fruit	Lunch Teriyaki Beef Blasters Mandarin Orange Chicken Seasoned Rice Glazed Carrots or Broccoli w/ Cheese Sauce Dinner Roll & <b>Fortune Cookie</b> Choice of Fruit	Lunch Baked Ravioli Italian Mozzarella Cheese Sticks w/ Marinara Dipping Sauce Green Beans or Seasoned Corn <b>Brownie</b> Choice of Fruit	Lunch <b>National Milk Day</b> Sausage Patty or Canadian Bacon Scrambled Eggs or Cheese Grits Cherry Tomatoes or Tri Potatoes Pancakes Choice of Fruit	Lunch Italian Pizza Bird Dog Baked Beans Spinach Salad w/ Dressing Choice of Fruit <b>Tropical Trio Slushy</b>
15 Breakfast <b>Martin Luther King Day</b> <b>NO SCHOOL</b> 	16 Breakfast Pancake Pup	17 Breakfast Powdered Donuts	18 Breakfast Cherry Frudel	19 Breakfast Cinni Minnis
	Lunch Chicken & Waffles Pizza Bagel Tri Cut Potato Broccoli w/ Ranch Dressing Choice of Fruit	Lunch Soup of the Day Grilled Cheese or Hot Ham and Cheese Green Beans Baby Carrots with Ranch Choice of Fruit	Lunch Pizza Lunchable Rib A Que Sandwich Seasoned Corn Spinach Salad Choice of Fruit	Lunch Chicken Filet Sandwich Cheeseburger w/ Lettuce and Sliced Tomatoes Baked Beans Cole Slaw <b>Friday's on Friday</b>
22 Breakfast Sausage Biscuit	23 Breakfast Blueberry Muffin	24 Breakfast Dutch Waffle	25 Breakfast Pancake Pup	26 Breakfast Cinnamon Roll
Lunch Corn Dog Palmetto Burger Curly Fries Cole Slaw Choice of Fruit 	Lunch Baked Ham Turkey Roast with Gravy Turnip Greens Sweet Potatoes Dinner Roll <b>RipTastic Day</b> or Choice of Fruit	Lunch White Chicken Chili in a Bread bowl Cheese Stuffed Shells w/Marinara Sauce with a Breadstick Glazed Carrots Green Beans Choice of Fruit	Lunch Popcorn Chicken w/ Breadstick James's Ham & Cheese Pinwheel Salad Served w/ Crackers Sweet Potato French Fries Steamed Corn Choice of Fruit	Lunch Italian Pizza or Philly Steak Sandwich Baked Beans or Spinach Salad Choice of Fruit
29 Breakfast Blueberry Waffle	30 Breakfast <b>Carolina Chicken Biscuit</b>	31 Breakfast Cinnamon Bread		
Lunch Cheesy Macaroni and Franks Baked Pork Chop Roasted Brussel Sprouts Glazed Carrots Breadstick & Choice of Fruit <b>RipTastic Day</b>	Lunch Waking Beef Taco Chicken Fajita Wrap Seasoned Corn Black Beans w/ Red Peppers Choice of Fruit	Lunch Chicken Pot Pie Country Style Steak w/ Gravy Mashed Potatoes Baby Carrots with Ranch or Lima Beans Dinner Roll Choice of Fruit		

**MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST**

**REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria**

**Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch**

**USDA is an Equal Opportunity Provider**

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

