Higher Education and Quality Lunches

JOIN US FOR BREAKFAST!!

CENTRAL ACADEMY MENU
MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 **Breakfast** Chicken Biscuit **Lunch** Italian Pizza or Cheeseburger w/ Lettuce & Tomato Spiral Fries or Baked Beans Choice of Fruit ***Frozen Fruit Friday***
NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8TH "SURF'S UP with SCHOOL BREAKFAST"				
		6 **Breakfast** Way Out Maple Waffles **Lunch** Tangerine Chicken Teriyaki Beef Blasters Seasoned Rice Oriental Vegetables or Honey Carrots Choice of Fruit	**7** **Breakfast** Cool Dude Donut Holes **Lunch** Italian Meatballs Fiesta Stuffed Shells Seasoned Corn or Green Beans Breadstick & Choice of Fruit	**8** **Breakfast** Surfin' Strawberry Pancakes **Lunch** Italian Pizza Beef Taco Stick Coleslaw Baked Beans & Choice of Fruit ***Frozen Fruit Friday***
11 **Breakfast** Pancake Pup **Lunch** Chicken Fajita Mac & Cheese Turkey & Gravy Sweet Potatoes Pinto Beans Dinner Roll & Choice of Fruit	**12** **Breakfast** Sausage Biscuit **Lunch** Country Style Steak w/ Gravy BBQ Mashed Potatoes Steamed Cabbage Dinner Roll & Choice of Fruit	13 **Breakfast** Egg & Cheese Biscuit **Brunch for Lunch** A) Sausage Patty or B) Chicken Patty Scrambled Eggs & Cheese Grits Cherry Tomatoes or Hashbrown Wedges Pancakes w/ Syrup Choice of Fruit	**14** **Breakfast** Sausage & Cheese Griddle **Lunch** **School Wide Bagged Lunches** Turkey & Cheese Wedge Sandwich Fresh Broccoli w/ Ranch Fresh Fruit Assorted Chips	**15** **Breakfast** Donut Sticks **Lunch** Italian Pizza Chicken Sandwich Sweet Potato Nuggets Broccoli Florets w/ Dressing Choice of Fruit or ***Frozen Fruit Friday***
18 **Breakfast** Muffin **Lunch** Sloppy Joes Pork Chop Crinkle Fries Baked Beans Choice of Fruit **National Sloppy Joe Day**	**19** **Breakfast** Ultimate Breakfast Round **Lunch** Chicken & Waffles Ultra Dog Hashbrown Wedges Cherry Tomatoes w/ Ranch Choice of Fruit	**20** **Breakfast** Honey Bun **Lunch** Baked Spaghetti Breaded Ravioli w/ Marinara Sauce Spinach Salad w/ Ranch Dressing Roasted Brussel Sprouts Garlic Breadstick & Choice of Fruit **National Ravioli Day**	**21** **Breakfast** Pancake Pup **Lunch** Walking Taco A) Chicken B) Beef Lettuce, Diced Tomatoes, Cheese, Salsa Seasoned Corn or Black Beans RipTastic or Choice of Fruit **National Crunchy Taco Day**	**22** **Breakfast** Cinnamon Roll **Lunch** Italian Pizza Corn Dog Baked Beans Carrot Sticks w/ Dressing Choice of Fruit ***Frozen Fruit Friday***
25 **Breakfast** Sausage Biscuit **Lunch** Beef Ranchero Pizza Breaded Cheese Sticks w/ Marinara Dipping Sauce Steamed Mixed Vegetables Seasoned Corn Choice of Fruit	**26** **Breakfast** Breakfast Pizza **Lunch** Chicken Sandwich BBQ Sandwich Tator Tots Coleslaw Choice of Fruit	**27** **Breakfast** Pop tart **Lunch** Popcorn Chicken Baked Fish Fillet Honey Glazed carrots Seasoned Green Beans Garlic Breadstick Choice of Fruit	**28** **Breakfast** Blueberry Donut Holes **Lunch** Philly Steak Mashed Potato Bowl with Dinner Roll Ultra Dog French Fries Carrot Sticks w/ Dressing Choice of Fruit	**29**

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

This Institution is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers