

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1 Breakfast Assorted Choices	
								Lunch BBQ Sandwich Cole Slaw Sweet Potato Fries Choice of Fruit Doritos	
NATIONAL SCHOOL BREAKFAST WEEK MARCH 4TH-8th MARCH "START YOUR ENGINES WITH SCHOOL BREAKFAST"									
4	Breakfast Assorted Choices Higher achievement in reading & math	5	Breakfast Assorted Choices *Score higher on Standardized tests*	6	Breakfast Assorted Choices * Have better concentration and memory	7	Breakfast Assorted Choices * Be More Alert*	8 Breakfast Assorted Choices *Maintain a healthy weight *	
	Lunch Chicken Sandwich Red Ranch Potatoes Spring Mix Salad w/ Dressing Choice of Fruit		Lunch Homemade Meatloaf Seasoned Corn Oven Roasted Brussel Sprouts Dinner Roll Choice of Fruit		Lunch Salisbury Steak Mashed Potatoes w/ Gravy Pinto Beans or Lima Beans Choice of Fruit Dinner Roll		Lunch Roast Beef Sandwich Steamed Green Beans Sweet Potatoes Choice of Fruit Brownie		
11	Breakfast Assorted Choices	12	Breakfast Assorted Choices	13	Breakfast Assorted Choices	14	Breakfast Assorted Choices	NO SCHOOL 	
	Lunch Canadian Ham Scrambled Eggs and Cheese Grits Cherry Tomatoes or Tater Tots Pancakes Choice of Fruit		Lunch Teriyaki Beef Blasters Seasoned Rice Green Beans Steamed Broccoli w/ Cheese Sauce Dinner Roll Choice of Fruit		Lunch * National Chicken Noodle Soup Day* Grilled Cheese Carrot Sticks w/ Ranch Dressing Seasoned Collard Greens Choice of Fruit		Lunch Bird Dog Baked Potato Baked Beans Choice of Fruit		
18	Assorted Choices	19	Breakfast Assorted Choices	20	Breakfast Assorted Choices	21	Breakfast Assorted Choices	22 Breakfast Assorted Choices	
	Lunch Spaghetti w/Breadstick Carrot Sticks w/Dressing Sugar Snap Peas Choice of Fruit		Lunch BBQ Sandwich Seasoned Corn Mashed Potatoes Choice of Fruit Breadstick		Lunch Clux Deluxe Day Chicken Sandwich Curly Fries Broccoli Florets w/ dressing Choice of Fruit		Lunch Beef Taco & Chips Mexicali Corn Black Beans Choice of Fruit National Crunchy Taco Day		
25	Breakfast Assorted Choices	26	Breakfast Assorted Choices	27	Breakfast Assorted Choices	28	Breakfast Assorted Choices		
	Lunch Bacon Cheeseburger Lettuce & Tomato Smiley Fries Spinach Salad Choice of Fruit National Spinach Day		Lunch Chicken & Waffles Tri Cut Potato Cherry Tomatoes w/ Dressing Choice of Fruit		Lunch Stuffed Shells w/Marinara Sauce & Chips Broccoli w/ Ranch Dressing Glazed Carrots Choice of Fruit		Lunch Country Style Steak w/ Gravy Mashed Potatoes Pinto Beans Steamed Cabbage Dinner Roll Choice of Fruit		

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST

REMINDER PARENTS: Federal Regulations Do Not Allow Carbonated Beverages in the Cafeteria

Yogurt Plates or Grilled Cheese Sandwiches Available Daily at Lunch

USDA is an Equal Opportunity Provider

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

